



**October 2020**

**News 297**

Dear Members

Hope all is well with you and your family and friends.

Thank you to those who are continuing to renew.

We have a recurring issue with bank transfers. When adding the account name ie us, please put in THE Enfield Borough Over 50s Forum, this will work.

Looking forward to the event tomorrow, (see below) lots of information there, specifically for our membership.

Take care and keep safe.

Ruth Fathaddine

Office and Development Manager

**LAST REMINDER**

**Changes that will affect older people in Enfield**

**Tuesday 6<sup>th</sup> October**

**10.00 am**

**Your invite to our meeting**

**Enfield Older Peoples Partnership Board**

**and the Enfield Over 50s Forum  
have organised a Zoom Webinar on  
Tuesday 6 October, 10.30am**

## on **Changes that will affect Older People in Enfield**

In the week that celebrates International Older Peoples' Day Enfield Older Peoples Partnership Board in conjunction with the Over 50s Forum will look at changes that will affect the lives of all older people in Enfield. Panellists include Jan Shortt, General Secretary of the National Pensioners Convention (Britain's largest campaigning organisation for pensioners) on the threat to the triple lock; Bindi Nagra (Director of Health & Adult Social Care) on the changes affecting social care in the borough; along with a speaker talking about the continuing National Health Service changes that affect Enfield residents.

Enfield's voluntary organisations, Forum affiliates and members will be sent full details with an invitation to register in order to take part in the Zoom webinar. Questions to the panellists can be submitted on registration and during the presentations.

This meeting is a real opportunity to learn about the health and financial challenges affecting us all. The draft agenda can be found on the Forum's website.

[www.enfieldover50sforum.org.uk](http://www.enfieldover50sforum.org.uk)

You are invited to join this Zoom webinar on: Oct 6, 2020 10:30 AM London.

Topic: **Changes that will affect Older People in Enfield**

Register in advance at:

[https://us02web.zoom.us/webinar/register/WN\\_V-TSk4P\\_RBm0wcDH1bEgCw](https://us02web.zoom.us/webinar/register/WN_V-TSk4P_RBm0wcDH1bEgCw)

After registering, you will receive a confirmation email containing information about joining the webinar.

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***If you have not used Zoom before on your computer, tablet or mobile phone you can find our draft instructions on the Forum's website. Under INFORMATION on the top headings***

## **Fusion**

### **Latest news from Fusion**

**We have been in discussions with Fusion and they have answered many of our questions. See Fusion page of our website.**

**<https://enfieldover50sforum.org.uk/fusion/>**

**Forum members who are resident in Enfield are eligible for concessions, including purchasing the Energy card for £7.50 instead of £21.50, and paying lower rates for pay as you go.**

The following centres and activities will be available again:

Albany Leisure Centre – gym and group exercise classes

Edmonton Leisure Centre – gym, group exercise classes

Southbury Leisure Centre - gym, group exercise classes and main swimming pool

Southgate Leisure Centre - gym and group exercise classes and main swimming pool

**We have been specially asked to advise over 50s Forum members to check Fusion's website for information about how to book usage at the leisure centres (all time slots for usage - swimming , exercise classes, the gym will need to be booked online so that customers can be tracked and traced if required) and to read the new guidelines and rules in place at the centres, to keep everyone safe.**

**If you need more information visit your local Fusion leisure centre.**

# Health News

## North Mid Stakeholder Update – Late September 2020

Covid-19 recovery Elective (planned) surgery North Mid has now restarted some of the urgent elective (planned) care that had been paused over the past few months. This has including putting in place robust infection prevention and control measures to ensure that we can deliver care as safely as possible. Patients have previously been required to isolate for 14 days prior to admission which has made it difficult for some patients to have their surgery. NICE guidance has now been issued and subsequently the process has changed. Prior to admission patients having elective (planned) surgery are now required to be swabbed for Covid-19 72 hours prior to admission and then isolate along with members of their household for 72 hours. On the day of admission:

- All patients must avoid public transport when travelling to and from the hospital, and the Trust can provide patient transport if required
- The patient will be assessed for any Covid-19 symptoms
- Elective patients cannot be accompanied into hospital by a friend or relative, unless they are their essential carer or in exceptional circumstances which are pre-agreed in advance.

A drop off and collection process will be in place for all patients Visiting arrangements at North Mid To help protect our patients and staff, we continue to have visiting restrictions in place at the hospital. Based on feedback from relatives, we have further clarified visiting information for patients in our care. Please check our website for more information: <https://bit.ly/3jeVM4W>

### Emergency eye care changes

Access to the Eye Emergency service at North Middlesex will be altered from Tuesday 15 September 2020. Patients will be advised to “talk before walk” when planning to attend the Emergency Service. GPs will be asked to refer via electronic referral for routine eye complaints. GPs will be asked to refer by letter or phone for urgent/acute eye conditions, including:

- Loss of vision, less than 24-48 hours duration
- Pain in eye, less than 24-48 hours duration
- Eye injury/trauma
- Chemical injury to eye,
- Foreign body in eye
- Floaters getting worse

For semi urgent symptoms patients will be referred to Minor Eye Community Service (MECS) (Optometrists) providers commissioned by the CCG. An updated list of these Community providers is available at the following link: <https://primaryeyecare.co.uk> The change is being introduced in line with NCL CCG guidance post Covid-19 to ensure that only patients who need urgent and acute care attend the Emergency Service

Outpatients Outpatient appointments continue to be delivered virtually where possible. In the coming weeks we will be increasing the number of outpatients’ appointments but will continue to only bring patients into the hospital for face to face appointments where absolutely necessary. Once the patient has arrived at the hospital and on entry their temperature will checked, they will be provided with a face mask, directed to hand sanitising facilities and then directed to the Outpatients Reception desk; we will have called or texted the patient beforehand to confirm the appointment and we will use this touch point to convey special instructions for shielded patients. Shielded patients will be seen on the first slots of the session under enhanced arrangements. This will be monitored and managed by the Outpatients Sister.

### Phlebotomy (blood tests)

Community phlebotomy services were initially paused but we have restarted communitybased services on the 11th May, with Forest Road Primary Care Centre for Enfield. On 17th August, North Mid opened a 7 station 8am – 8pm Phlebotomy service at Evergreen Surgery, Edmonton. We are working to further increase our capacity over the coming 3 months.

Imaging Clinically urgent imaging and all cancer imaging has been available throughout the pandemic, and the team are now working to address waiting list backlogs for routine work.

We are back to normal waiting times for children's ultrasound scans, CT scans and MRI scans. We still have a number of patients refusing their scans but are arranging a call back with a clinician with these patients to discuss risk factors and provide reassurance about attending.

### Cancer pathways

We are pleased to have continued to support cancer patients through Covid-19, and have maintained outpatients, chemotherapy and radiotherapy activity on site. We are able to scan patients out of hours or at the start of the day if they are vulnerable, which will reduce their risk. We are encouraging patients not to turn up early to appointments and have socially distanced waiting areas.

Women's Health Services Women's outpatients' services relocated to the Tottenham Hotspurs stadium in early April, helping to alleviate anxiety for women who were worried about coming to the hospital, during pregnancy. These services moved back to the North Mid site at the on the 1st August. Key messages for patients We would encourage all patients to seek help from healthcare services when they need it and not delay due to concerns of Covid-19. However, we would urge that people who do not need A&E use alternatives for example NHS 111, Walk in Centres or contact their GP. For those attending the Hospital we would ask that patients are not accompanied, unless by their essential carer or in exceptional circumstances in order to help with social distancing.

# Translations

The Greater London Authority is offering translations of essential Covid-19 guidance.

It says: “From our engagement with communities we know translation is a key issue. As part of the Mayor’s #LondonTogether campaign, we’ve been working closely with Doctors of the World to ensure all Londoners with limited English receive the health guidance and support they need.

“To help do this we’ve translated the key Covid-19 guidance below into priority languages, and have developed free social media assets and ads to make sure this information reaches key communities:

- General COVID-19 health guidance
- Face coverings
- Advice for migrants and non-UK nationals

Resources available

- **Infographics and videos** in this [Google drive](#) on social media. This includes: **Vietnamese, Cantonese, Turkish, Bengali, Kurdish, Romanian, Spanish, Portuguese, Bulgarian, Polish, Urdu, Punjabi (Pakistan), Punjabi (India), Gujarati and Yiddish.**
- [Translated audio guidance](#) by Doctors of the World.
- [Our website](#) with further translated information by Doctors of the World.
- Our [Employment Rights Hub](#) for information about different employment rights plus details of what to do if you're having trouble at work - translated into 20 languages.
- [Further resources](#) created by London councils including information on [Test and Trace](#).

[www.doctorsoftheworld.org.uk/coronavirus-information](http://www.doctorsoftheworld.org.uk/coronavirus-information)

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## News from the Police

Edmonton Police Station. This front counter is temporarily closing. We're creating better and more modern facilities and while refurbishment work is ongoing, this counter will be closed from 7 September 2020. We expect to be re-opening here on 9 November 2020.

We apologise for any inconvenience caused. During this time, your nearest police station front counter will be Enfield Police Station. This will be open 24 hours a day. This is located at Enfield Police station, 41 Baker Street, Enfield EN1 3EU.

The nearest tube stations to Enfield Police Station are Enfield Town (5 minutes' walk). Bus W8 from Edmonton Green Train station towards 'Chase Farm Hospital' will take you to the Civic centre which is next to Enfield Police station and takes about 20 minutes.

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## Affiliated Groups News

# Enfield Camera Club



Established Since 1950

## Annual Photographic Exhibition

Being held in The Gallery at The Dugdale Centre from Monday  
12<sup>th</sup> October 2020 until Saturday 7<sup>th</sup> November 2020

The Dugdale Centre, Thomas Hardy House, London Road, Enfield, EN2 6DS.

You are welcome to come and view our Exhibition at the above. Admission is free and you will have an opportunity to vote for your favourite Photograph. While you are there, why not enjoy some refreshments at the Dugdale Centre's Cafe.



For more details on the Club go to our web site at [www.enfieldcameraclub.co.uk](http://www.enfieldcameraclub.co.uk). If you wish to contact us, please phone 0208 372 8087 or 0208 4457983



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 @enfieldclub  
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twitter





**EAWA**  
**SOCIAL HUB**  
**OPEN TO ALL**  
**COMMUNITIES**

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ARE YOU 50 PLUS? WOULD YOU  
LIKE TO MEET NEW  
PEOPLE/MAKE NEW FRIENDS/  
INTERACT /SOCIALISE?

OUR OFFER:  
MEET WEEKLY.  
PARTICIPATE IN  
ACTIVITIES (**FREE**)  
GO FOR  
LUNCH/SHOPPING IN GROUPS  
(**AT YOUR OWN COST**)

TO REGISTER YOUR INTEREST  
PLEASE CONTACT ME:

**CHHAYA TAILOR**  
**TE:07782541789**  
**EAWASOCIALHUB2020@GMAIL.COM**

VENUES  
EDMONTON GREEN LIBRARY  
ENFIELD TOWN LIBRARY

**FROM AUGUST 2020**

# Enfield & Southgate WEA

New on-line courses using Zoom

*Nobel Prize-winners for Literature (course reference: C2421703)*

*A Social History of 20<sup>th</sup> Century Britain in Film (C2421684)*

*History of Ideas (ref not confirmed)*

*A Closer Look – 12 Masterpieces (C2421649)*

*A Cultural History of Victorian travels (C2421698)*

*Art – Ten Important Artists (C2421646)*

*England's Green and Pleasant Land (C2421680)*

**Starting from 14 September 2020**

Booking opens 13 July for members and 20 July for non-members

**Course fee £28.80**

If you receive certain benefits you may be entitled to a free course.

To enrol please quote the course reference online at **wea.org.uk** or by ringing  
**0300 303 3464**

## Free Art Classes

Learning Through Hearts are providing **free creative workshops for adults** in Enfield this October which might be of interest to some of your service users. (See Attached flyers).

**New workshops are taking place every Tuesday in October** at the Green Towers Community Centre, as well as a **one-off printing workshop on Saturday 17<sup>th</sup> October** at the St Pauls Centre, Enfield.

The workshops are funded by the ESF via Groundworks to cater for adults who are unemployed or socially/ economically inactive.

All of our workshops, will adhere to the government's regulations on social distancing, including the provision of masks, hand sanitiser, and individual art material packs.

Should you be interested, please do not hesitate to book [here for Tuesdays](#) and [here for Saturday 17<sup>th</sup>](#).

Or contact us on 07510 917 517 or by email [events@learningthroughhearts.co.uk](mailto:events@learningthroughhearts.co.uk).

Kind regards

Charlie Manthorp

Arts and Heritage Officer

07510 917517

<http://www.learningthroughhearts.co.uk/>

Twitter: [@LearnLTTA](#)

Instagram: [@learningthroughhearts](#)

Facebook: [Learning Through The Arts](#)



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