



Enfield Borough Over 50s Forum

Millfield House, Silver Street, Edmonton, N18 1PJ
www.enfieldover50sforum.org.uk email: info@enfieldover50sforum.org.uk tel: 0208 807 2076

February 2021

Dear Member,

INVITATION TO JOIN OUR FREE HOME- BASED PROJECTS

We are writing to you because, according to our database, you are a single member and may be living alone. We would like to invite you to join in with one or two of our projects, designed specifically for people in your situation. Participation in both projects is free and I hope you will find that one or both useful to you.

1. Make a new telephone friend:

We are setting up a telephone friendship tree to enable members to chat to another older person from our membership list. To ensure your safety, we are advising that you do not give people your phone number but rather apply to receive one of our free mobile phones, which will come with a small amount of credit and a separate sim card (a different phone number).

2. Share your creativity

Enfield Over 50s Forum has been awarded a National Lottery Grant to put on a display of art projects created by older people at home, inspired by the COVID lockdown. The Display is scheduled for June.

We are hoping that you will want to take part and send us your entries! It doesn't have to be a masterpiece and you can either sell it or take it away with you later. We have a small pot of money to pay for materials for those who need it. We are looking for:

- Picture and paintings
- Poetry and Prose – recorded or written
- Photographs
- Songs and instrumental music – recorded or written
- Videos – of anything you like – drama, dance or a short film
- Crafts – woodwork, knitting, cakes
- Anything else you can think of

To apply for either part of the project or to find out more information, please ring our office on 020 8807 2076. The office is open Monday to Thursday between 10.00 and 12.00 (if you ring at other times please leave a message on our answerphone). It would be useful to know a bit about you, so when you phone please be prepared to tell us what your interests are and your general outlook on life. This is so that we can try and match you to someone you might enjoy talking to. It may also be that we link the whole group together. Alternatively please complete the enclosed questionnaire and return it to us by post or **email us on info@enfieldover50s.org.uk**

We are really looking forward to hearing from you.

Kind regards

Ruth Fathaddine, Office and Development Manager