

# Over 50s Forum

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# Healthy Streets

- What are they?
- Why do we need them?
- How are we creating them?
- What are the challenges involved?
- How can you get involved?
- Questions & Discussion

# Examples of Healthy Streets





# Healthy Street Indicators



Source: Lucy Saunders

# Why do we need them? (1)

- London's growing population of 9m expected to reach 10m in next decade
- More people, more cars, more driving = more traffic
- More traffic has consequences: delays to businesses and everyday journeys but also..
- Air pollution and related health impacts
- Noise pollution and mental health
- Road danger
- Climate change
- Equality, inclusion and fairness

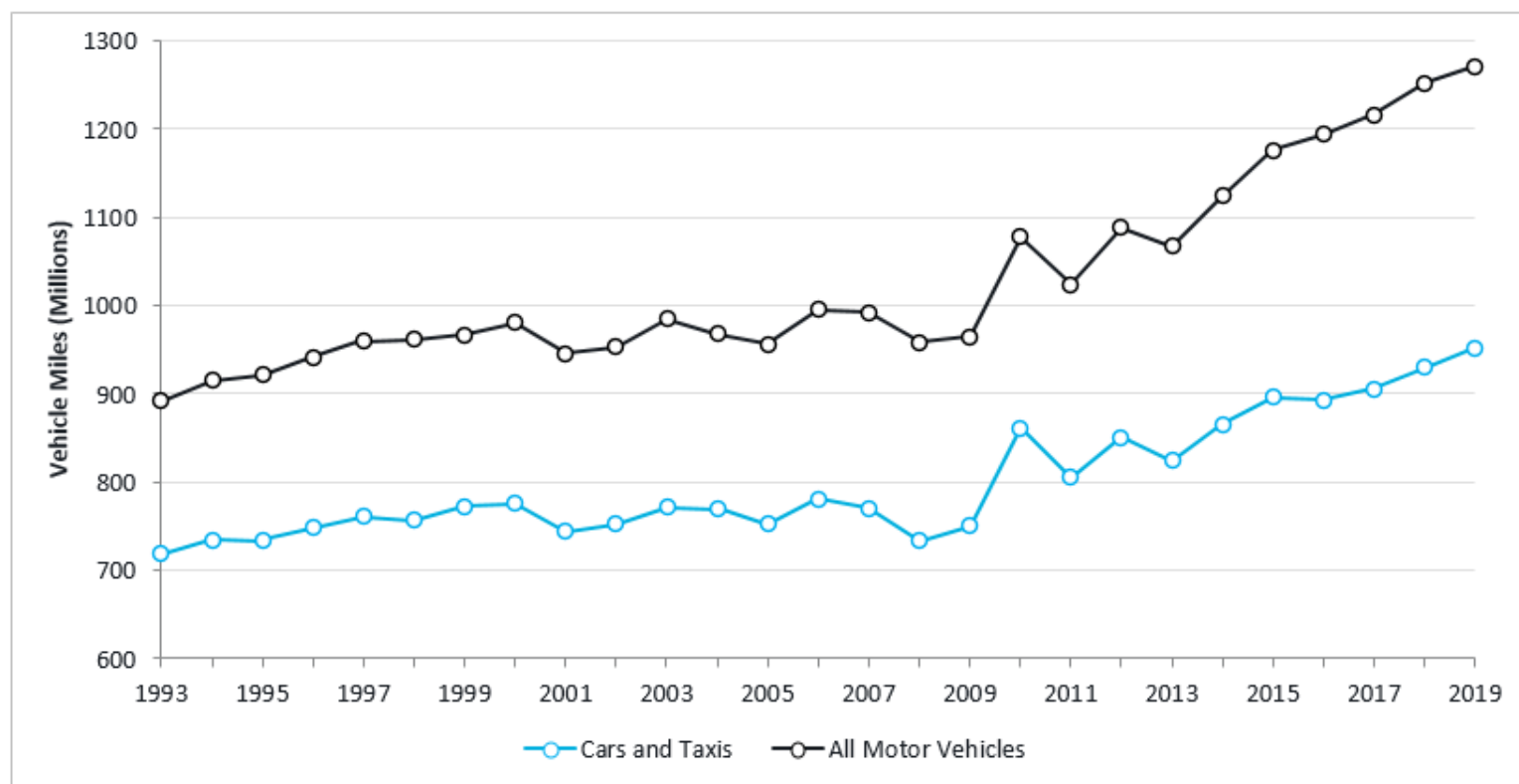
# Part of a long-term programme



The Healthy Streets programme includes a range of initiatives that are intended to enable generational change.

Transportation emits 39% of the borough's emissions, making it the largest source of emissions of all sectors.

# Annual motor vehicle traffic in Enfield

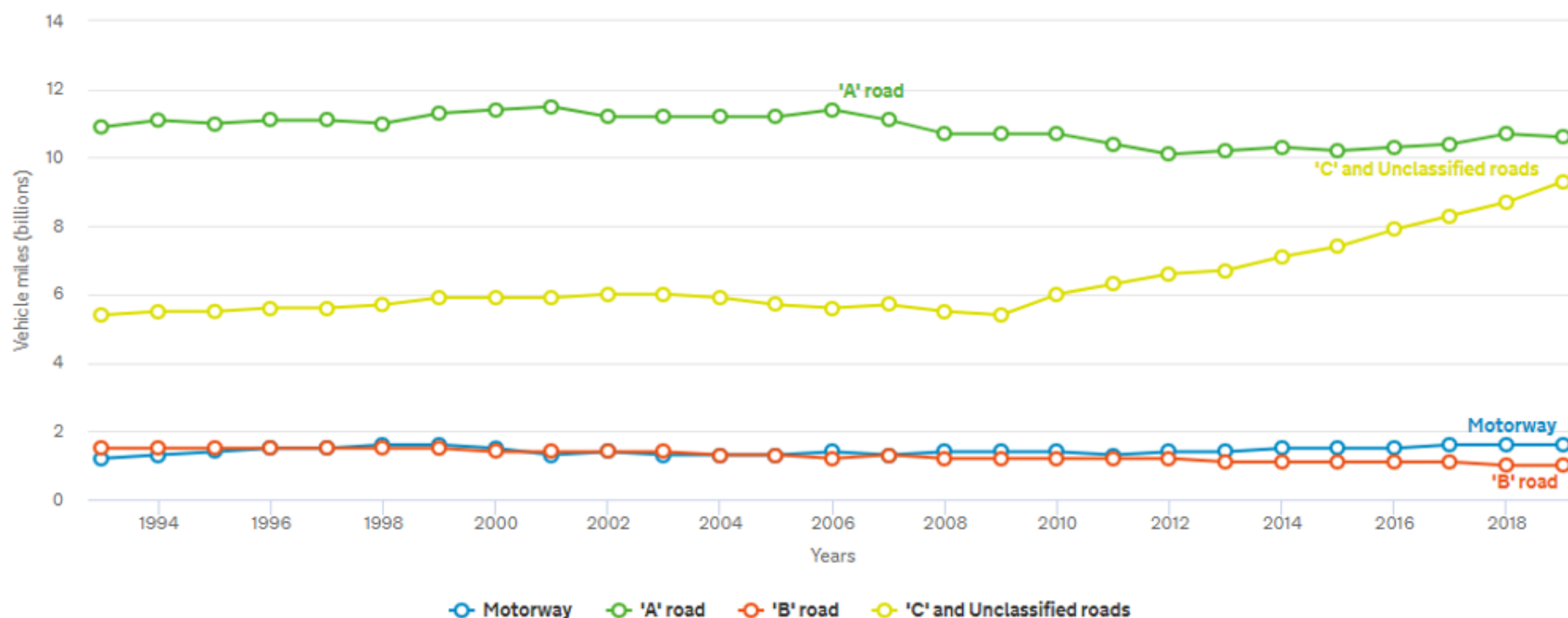


Annual motor traffic has been increasing in the recent decades, with faster growth experienced since early 2010s. Between 2008 and 2019, the number of miles driven on Enfield's roads increased by 313,000,000 - an equivalent of travelling over 650 times to and from the Moon.

Department for Transport (2020) Estimated motor vehicle traffic  
(<https://roadtraffic.dft.gov.uk/local-authorities>)



# Volume of traffic by road type (London)



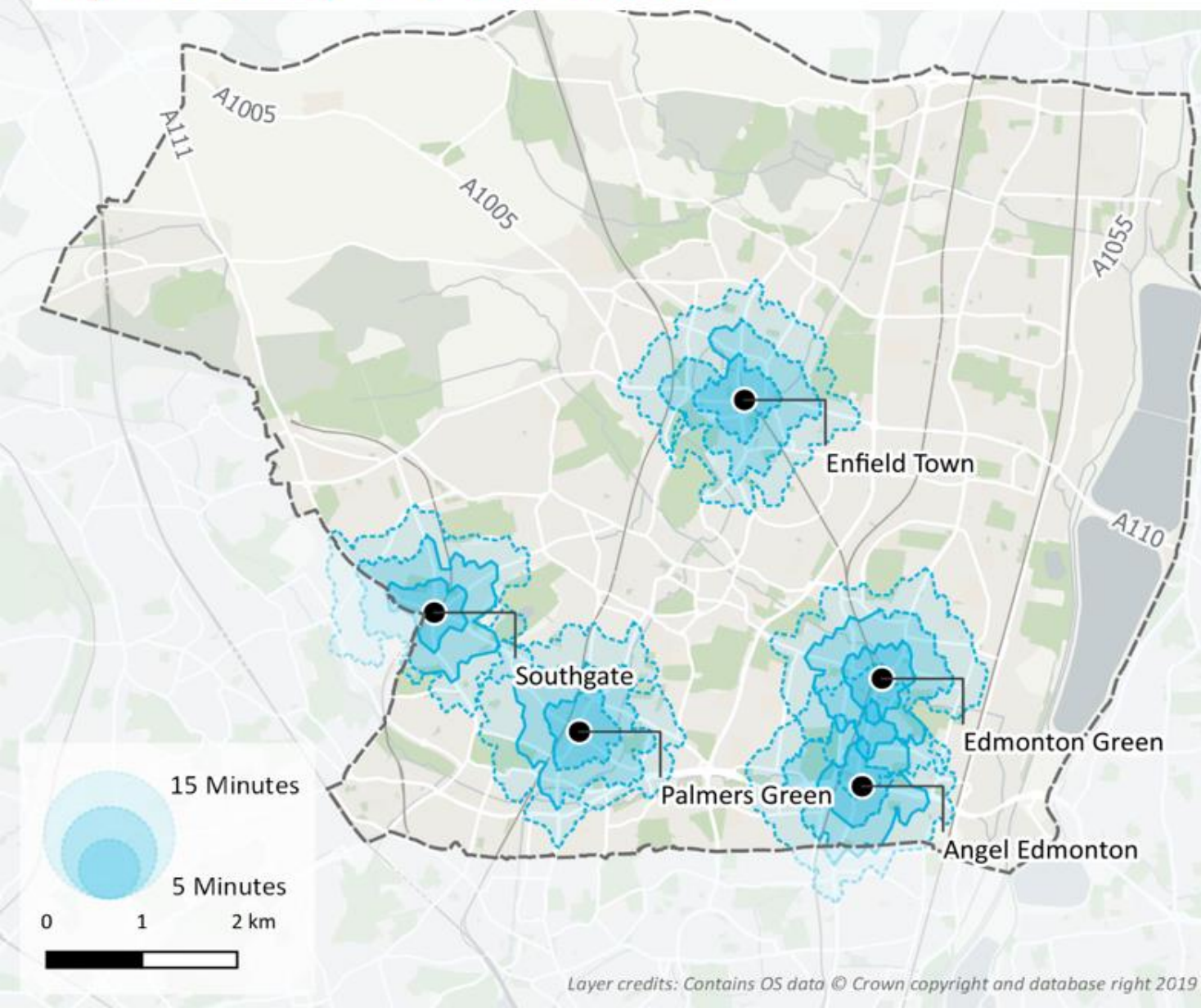
Source: <https://roadtraffic.dft.gov.uk/regions/6>



# Why do we need them? (2)

- It's also about choices... 30% of Enfield car journeys are less 2km and 60% are less than 5km
- More people choosing not to drive these journeys means more space on the road network for people who must drive.
- To enable this we need to provide good quality alternatives to travelling by car.
- Car ownership is the strongest determinant of inactivity – 70% of people without a car do some activity compared to 50% with a car.

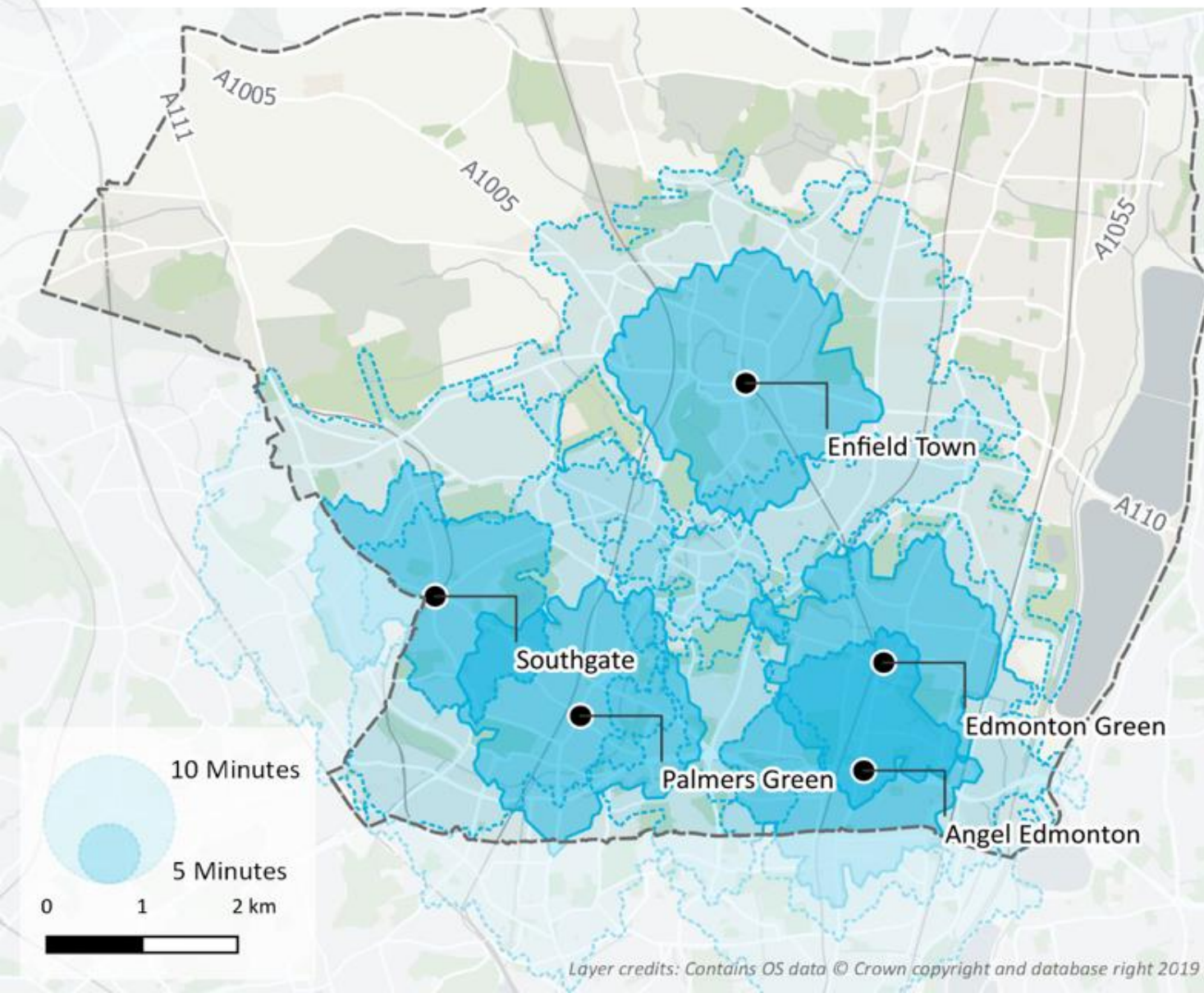
# Town Centre Walking Catchments 5, 10 and 15 Minutes



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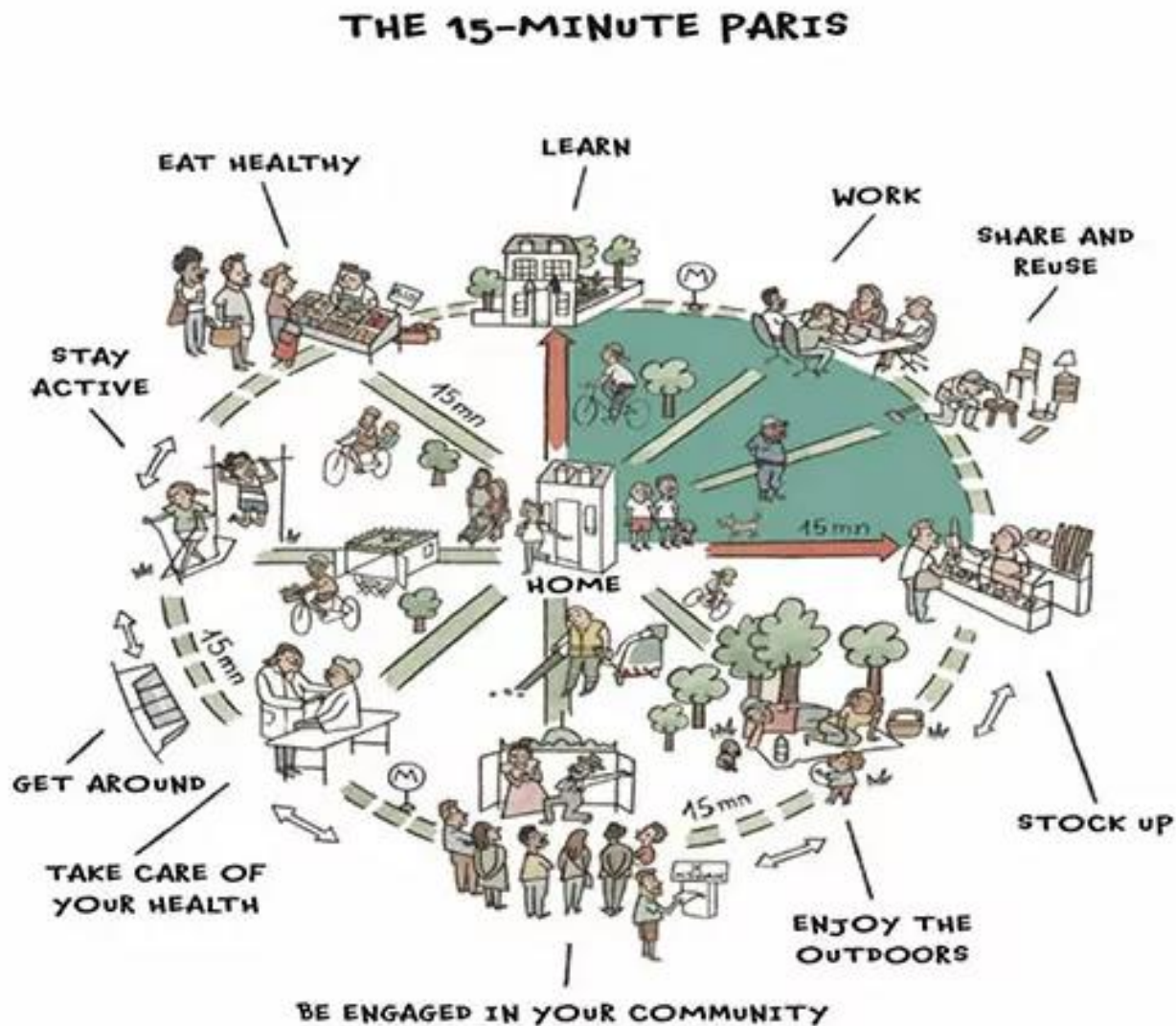
# Town Centre Cycling Catchments

## 5 and 10 Minutes





# The 15 minute city





# Why do we need them (3)

- Policy at all levels (UK, London, borough) has shifted to enable low-carbon sustainable modes of transport.
- Enfield Healthy Streets part of the Council's commitment to delivering the Mayor's Transport Strategy locally – 80% of journeys to be made by non-car modes by 2041.
- Challenge is to accommodate population growth without increasing motor traffic.
- Healthy Streets bring benefits - manage demand for car journeys, increased physical activity, reduced road danger, quieter neighbourhoods.

# Local, London & National direction





# The alternative?



# How? Change through a comprehensive approach





# Working in partnership with schools





# Facilities for all ages & abilities





# A range of intervention types



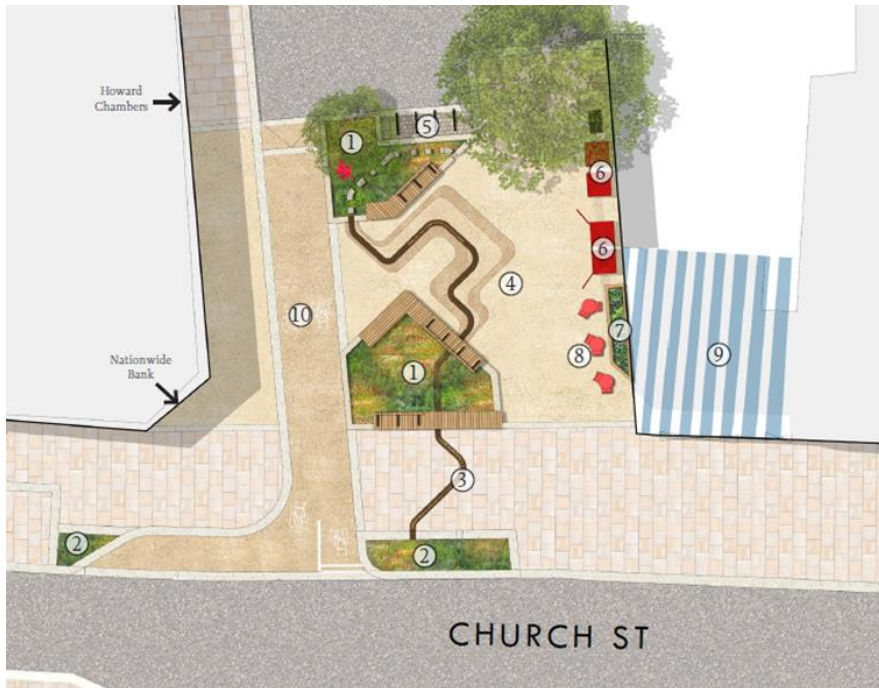


# Making it convenient





# Town centre regeneration projects





# Community partnerships



# Some of the challenges involved...



Enabling emergency services access



Developing how we communicate



Considering issues of equality



Monitoring the impact of projects

# Some ways to get involved



Let's  
Talk



# How can we work with you?

You can contact us at  
[healthystreets@enfield.gov.uk](mailto:healthystreets@enfield.gov.uk)