

Enfield Borough Over 50s Forum

Annual Report

for

the year ending 31 March 2009

presented to the Forum's annual general meeting

held at the Civic Centre, Silver Street, Enfield

Tuesday 28 April 2009





The Forum move to Millfield House in January 2009

***Forum Committee 2008/9**

Chair	Monty Meth
Secretary	Tony Watts
Vice Chairs	Roy Barrows, Irene Richards
Treasurer	Peter Shukla
Membership secretary	Joyce Pullen
Fundraising	Chris Hamilton
Social secretary	Roddy Beare,
Members:	Liz Henthorn
	Vincent Konyeaso
	Adeyinka Popoola
	Carol Ricketts
	Peter Smith
	Mary Stone
	Bill Thear

** All of the above members are trustees of the charity*

Co-optees	Mavis Whycer (Age Concern)
	Demos Demitrou

Social Committee

Roy Barrows
 Roddy Beare
 Olivia Goodfellow
 Jean Mittins
 Jacky Pearce
 Irene Richards
 Bill Thear

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Annual Report 2008/9 — Introduction

The past year can best be described as the year of the Forum's great leap forward. The most momentous year since the Forum was formed in 1993 saw us establish our own office with a dedicated phone line for the first time. Thanks to a two-year grant from the Bridge House Trust in the City of London we are now able to employ two part-time workers again for the first time. And for the first time we recorded a membership of 3,000 which in turn improved our finances considerably. In addition, during the year we secured funding for our work from Enfield Primary Care Trust and the Metropolitan Police - again for the first time.

The fact that we have come a long way in a comparatively short time must be attributed in large measure to the dedicated and constant attention given by members of the Forum committee who have devoted much time to the many facets of our work. We thank and pay tribute to each and every one of them, particularly our secretary **Tony Watts**, treasurer **Peter Shukla** and social secretary **Roddy Beare**.

From 70 members in the year 2000 when I became the Forum chair in succession to **Audrey Hardwick** our growth has been continuous, particularly since we secured Lottery funding enabling us to engage **Olivia Goodfellow** as our first part-time development officer. With this substantial growth in funding and membership it means the Forum is now more established on a sound and business-like footing than ever before which, in turn, places a greater responsibility on it to justify its existence as the voice of older people in Enfield.

That has to be the yardstick on which we should be judged. In other words, we are not like a business building up our finances or our numbers just to demonstrate how good we are. It is what we do with our numerical strength and our efficient organisation that matters. And what we do in the future will determine whether we sustain and retain the support of those who have joined us and those organisations and local businesses that are currently underpinning our work.

Last year we said that the only limit to our growth is our ability, due to limited resources, to organise enough activities to satisfy the

massive demand existing in Enfield for an organisation like ours. At present, we believe that we have the resources but what we lack are the volunteers - men and women with a lifetime's experience of work in a variety of capacities to come forward and support the Forum's leadership so that together we can encourage more people to be active both mentally and physically, to help more people get out and about, end their self-imposed isolation and to lead independent lives. We are constantly told that life expectancy is increasing and that is a wonderful bonus. But our Forum firmly believes that increasing and improving the quality of life of older people is just as important. Indeed, living longer is meaningless unless it is accompanied by the ability to get the most and the best out of those added years.

So we make no apologies for arguing that our Forum has to use its influence and what muscle it has to improve the life in Enfield of older people. Our influence on national policies is limited. We elect MPs and governments every five years and in the intervening years it is difficult to effect any meaningful change or exert the kind of pressure that influence policies partly or even largely because older people are not an homogeneous group, all facing the same problems of, for example, pensions. The 11 million pensioners in Britain have disparate income levels, variable housing conditions.

So what we have endeavoured to do is identify local issues which affect as many of the over 50s as possible with the right mix of campaigning, combined with interesting meetings and discussions on matters of topical interest with the objective of bringing about change to make life better in whatever way we can. At the same time we have sought to provide an outlet for the energy, ideas and initiative enabling everyone and anyone to participate in a variety of events, making new friends on the way and ending any feeling of isolation. In this way we aim to demonstrate that as individuals we can achieve little, but acting as a group collectively we can effect real and meaningful change.

Campaigns

At the end of March 2009 we saw the culmination of our three-year campaign to secure council support for a community toilet scheme. It was a simple idea whereby the council offers a cash incentive to local businesses to open their toilets to members of the public without the need to make a purchase. It recognises that with the pressure on council finances there is little or no hope of the local authority reinstating the network of public toilets, manned by attendants, that we used to have. The council allocated £28,000 to launch the scheme with 14 participating businesses dotted around the borough. But in the coming year we hope to see the scheme treble its business support if it is to make an impact and meet the needs of shoppers of all ages.

We held numerous meeting with the Primary Care Trust (now renamed NHS Enfield) on its master plan to improve primary care services offered by the network of GP surgeries in the borough. The Forum is represented at the highest level in the drive to implement proposals that could, in time, see the long-overdue modernisation of local GP services which we have always argued are the first port of call for older people.

We have focused on GP services in the borough since they see 90% of NHS patients but account for some 15% of NHS spending, whereas hospitals - which ought to be the last resort - claim some 80% of NHS expenditure but treat only about 10% of people. So the Forum responded positively to the invitation to be part of the procurement panel choosing the management of the new Evergreen neighbourhood health centre in Edmonton and we shall monitor its performance to see that it meets the objectives set for it.

Meanwhile we have continued to monitor the performance of the 62 GP practices in the Borough which currently work from 54 sites and we found that:

- 30 out of 62 now open for full days; 53 out of the 62 practices now offer extended hours covering 86% of the local population; 31 do not have half-day closing; and 13 practices are open from 8am to 6.30pm Monday to Friday.

- 33 now offer phlebotomy services with three of these opening up to neighbouring practices.
- Ultrasound services (not maternity) are based at two of the practices and every patient in the borough has access to it. Referral forms have been sent to every practice.
- 44 practices are still either single or two-handed partnerships.
- All practices have internet access. Approximately five practices allow on-line access for patients.
- Any new practice or any variation to an existing contract will now only be approved if it offers the full core service hours of 8am-6.30pm.
- 17 premises are still classed as being 'not satisfactory' and four 'not satisfactory but cannot be upgraded' and two 'unacceptable but cannot be upgraded'.

While many Forum members participated in the continuing controversy over proposed changes to A&E and maternity facilities at Chase Farm Hospital, the Forum continued to argue for better transport links to all three local hospitals - Chase Farm, Barnet and North Mid. - and that there should be no change in the present facilities until new amenities are up and running.



During the year we again helped the Primary Care Trust (PCT) to achieve a 73% success rate - over 1% higher than the previous year - among older people receiving the winter 'Flu jab by organising vaccination sessions at four centres across the Borough - the only Forum in London to do so. We campaigned among older people to participate in the bowel screening programmes and we put the spotlight both on

the drop in breast screening and on the increase in screening facilities now available locally.

We maintained our campaign against GP surgeries switching their telephone lines to 0844 so-called “revenue sharing” numbers, in which the patient pays much more than the cost of the local call and the revenue is shared between the surgery and the network provider. We now await the outcome of yet another Department of Health consultation on whether 0844 numbers should be banned. While the PCT continued to block more surgeries from switching to an 0844 line, there are still 13 that have signed long-running contracts for the service.



The Forum at the House of Commons meeting with Enfield MPs, Joan Ryan and Andy Love, to discuss the state pension and other older people issues.

Our campaigning efforts take many forms. We broke new ground by sending a joint Forum-PCT letter to all surgeries asking doctors to ensure that their elderly patients were claiming all the money they were entitled to from the Government such as pension credit and council tax rebate. We met our local MPs to press claims for improved state retirement pensions policy. We continue to meet regularly with LBE officers and councillors and appreciate the cordial hearing we receive at all times. As a result of the Forum's representation on the council's budget we received a firm assurance that the Shopmobility scheme for disabled people in Enfield town centre will continue, although there is still a need for additional funding to maintain the service. The same healthy relationship exists with other decision-making bodies such as the Borough police commander and his team and Enfield Leisure Centres.

Because we have so far failed to make much headway on the loss of lifelong learning opportunities in the Borough - reflecting the Government's change of emphasis from one of having vocational courses and leisure learning with concessionary fees for older people to one of increasing learning opportunities for younger people to find employment - we joined CALL - the Campaigning Alliance for Lifelong Learning. This is a lobby group at national level which includes the Women's Institute, Church of England, Help the Aged etc but locally we have recently had a productive meeting with council officers which may lead to some improvement in the coming academic year. The decline of toe-nail cutting services for frail, elderly people remains an issue the Forum discussed with both the local Age Concern and the PCT and this too needs attention by the in-coming Forum committee.

Health & Exercise

We continued our campaigning and information service encouraging people to “**get fit for a longer life**” without which many more older people would be at risk of health problems developing for lack of exercise. Despite adverse changes in charges to the over 50s introduced by Enfield Leisure Centres in April 2009, we still believe it is vital to maintain our work in this area. The management of the leisure centres is scheduled to change by March 2010 and it will be necessary to monitor developments in the hope that we can retain the good relationship we have enjoyed until now with the new management to be appointed by LBE.

We will be monitoring the impact of the introduction of free swimming for the over 60s from April 1 2009 to check the impact on the numbers purchasing or renewing their special discounted energy card. Our efforts have been concentrated on pointing out the added gym, sauna and steam facilities and classes available in addition to the free swims. Our advocacy was not, however, helped by the ELC management ending the concession to Forum members of a half-price discount card which has now increased from £6 to £15 a year, and which came on top of a drop in income for most members.

However, the special over 50s days we pioneered at Southbury Leisure Centre on Wednesdays continued to flourish and a similar

event at Edmonton LC on Mondays also grew in popularity. During the year this has been expanded to an over 50s event at Southgate LC on Tuesdays which seems to be successful.

- Between April 2008 and March 2009 energy discount cards were bought by 870 Forum members ensuring their continued participation in healthy exercise activities.
- In the last 12 months some 8,000 attendances by the over 50s were recorded at Southbury and Edmonton leisure centres for the over 50s special activity days, which was almost double the previous year.

Whatever the obstacles, we believe this work in tandem with the leisure centres has to continue because of its beneficial value to our members and their families and to the community as a whole. The more successful we are, the less pressure there should be on local health and social services.

Forum meetings

We have maintained our twice-monthly Forum meetings - a main meeting at the Civic Centre, on the last Tuesday of the month and a smaller, more informal gathering at Skinners Court, Fox Lane, Palmers Green, on the second Tuesday of the month which together gives us a chance to discuss a wide range of topics, while having the smaller gathering enables more people to have their say. Interestingly, the March 2009 Skinners Court meeting had an attendance of 92, almost up to the 100 plus attending Civic Centre meetings which points to the growing need for more Forum meeting venues around the Borough. And this is a priority for the new committee and our new



200 people attended Enfield Strategic Partnership's Older Peoples Conference in October 2008 held at Enfield County School, Holly Walk.

development officer **Polly Lawman** who had made a start by convening a Forum meeting at Millfield House in Edmonton and we hope others will take place at the Forest Health Centre or the Edmonton leisure centre.

Among the interesting speakers at our monthly Civic Centre meetings have been **Professor Steve Iliffe**, who is leading a major research project on dementia, the NHS Enfield medical director Peter Barnes, the Borough police commander Adrian Hanstock and council officers responsible for the place shaping strategy, education, leisure and social care. At the Skinners Court coffee mornings



Older Peoples Conference Chair, Monty Meth introduces Ray James, Enfield's Director of Health & Adult Social Care.

Your invitation to Enfield's Older Peoples Conference



Adding Life to Years

Living longer: Ageing and Independence in Enfield

A Conference on Enfield's progress in meeting the objectives outlined in the 2006 strategic plan to meet the needs of Older People in the Borough

Date: Thursday 30th October, 9.30 – 3.30pm
Venue: Enfield County School for Girls, Holly Walk



Enfield
Primary Care Trust





Skinner's Court meeting on the dangers for older people of heavy goods vehicles.

we've had a council budget consultation meeting led by **Cllr Ertan Hurer**, the Cabinet member for finance, a consultation meeting on the North London waste plan as well as speakers on road safety, tax help for older people and visitors to Bhutan and the North and South Poles gave us a slide show

One of the most important meetings of the year was the Older People's conference on the theme: Living Longer - Adding Life to Years sponsored by the Enfield Strategic Partnership attracting some 200 people in which we played a leading role in its organisation.

Social activities

The Harvest truly is plenteous but the labourers are few - St Matthew 9 v 37

We make no apology for repeating the above quotation from last year's annual report since its message is just as apt today as it was a year ago. In fact, it is more so since we have a greater number of members to cater for but still far too few people coming forward to offer a little of their time, energy and ideas to help make the Forum that all-round attractive organisation that will retain and sustain the interest of its members.

Fortunately, last year we had the benefit of a functioning social committee augmenting the work of the development officer and they were able to organise a host of varied events that were so widely supported by members and friends that it demonstrated how great was the need for trips and events and what an important contribution they made in helping people lead independent lives, breaking the mould of those living in isolation.

In order to continue our level of campaigning, arranging activities, trips and events, it is vital that more Forum members come forward to help in the planning and administration that is generated by the events themselves and in servicing the build up to those events. It is easy to think that someone else will do this and that for me, but it is your Forum and each and every one of us should be asking ourselves, what can I do to help the Forum in the coming year to assist it along this path to success?

Among the many and varied activities undertaken in the last year were a quiz evening with 120 participants which raised £607 for the Forum, trips using our Freedom Pass to the Wallace Collection, the state rooms at Buckingham Palace and the Queen's Art Gallery. We had day-long coach trips to Aldeburgh and Faversham, trips by coach to the Brick Lane music hall in Docklands and the RAF museum at Hendon, to the Ponsbourne Hotel for afternoon tea and a party of 45 which went to Luxembourg visiting the Christmas markets in the area was fully booked by June. And to mark the start of the Christmas festivities we had a most successful buffet lunch and entertainment at the Royal British Legion hall.



Part of the Forum trip to Luxembourg involved a visit to the 'Battle of the Bulge' memorial with a guide relating the events that took place at that crucial time during WWII.

The above active programme shows that if we have the people to do the organising, have those new hands on board, there is nothing we can't undertake as volunteers. But at the same time there is a real danger that the few doing the work until now will find other outlets for their talent and the Forum will be the poorer.

Partnership

Partnership working continues to be a constant feature of our work for we firmly believe this can be beneficial if our participation, involvement and contribution leads to improving the quality of life of older people. We cannot say “**don’t talk about us, without us**” on the one hand and then opt out of any opportunity presented to us to be consulted. But consultation has to be based on a shared vision and shared objectives. Only in that way will collaboration with partners produce results.

This annual report gives numerous examples of our partnership working with other organisations and we are most grateful for the support the Forum has received from our local authority which continues to provide us with meeting rooms without charge, as have the Learning & Skills Council in Fox Lane on occasions. We would particular highlight and acknowledge the support given by the council to our Poetry Group formed during the year. Thanks in particular to **Councillor Paul McCannah**, former Cabinet member for leisure and culture, we have had the free monthly use of Oakwood Library since April 2008 when the first meeting took place of the group for poetry reading and discussion on a variety of related topics which we hope will result in the publication in the coming year of a unique booklet of poems composed by Forum members. This is an example both of partnership working and of meeting the need for lifelong learning opportunities by older people. A simple, low cost project utilising free space offered by the council and giving older people a chance to exercise their talents in a friendly environment.

Fortunately, the Forum is no one-man - or one woman - band and we have a number of members representing us as part of our vital partnership working with other organisations in the Borough. For example: **Peter Smith** is a member of the Enfield Alcohol Harm Reduction Board, the Community Empowerment Network, the transport users group covering LBE and the local NHS, the Police Incidents Advisory Group and he is also a member of the National Pensioners Convention national committee; **Monty Meth** is a member of the new programme strategy board overseeing the 10-year plan modernising GP services in Enfield; **Yusuf Gulamhusein** represents us on the Primary Care Trust Equality & Diversity Board, on the PCT patients reference group and he is a committee member of the Indian 50+ Association; **David**

Oliver is a member of the NHS Enfield Pandemic Flu Communications Group; **Brian Wright** represents us on the Fairer Charging working group; our vice-chair **Irene Richards** is a member of the Older People’s Partnership Board and the Safeguarding Adults Board; Forum secretary **Tony Watts** is a Trustee of Age Concern Enfield, a Board member of the Enfield Strategic Partnership, and is joint chair of the Older People’s Thematic Action Group. Our members are to be found serving the Forum in many ways. **Des Hegarty** is a member of the PCT’s coronary and heart disease local implementation group; **Carmel Wright** represents us on the voluntary sector’s health and social care group, **Liz Henthorn** and **Olivia Goodfellow** are walk leaders in local parks.

Our partnership work includes our affiliation with the list of organisations of older people in the Borough now linked to the Forum (A full list is given in Appendix I to this report). We are conscious of the fact that we failed to fulfil our promise last year to be more involved with our affiliates and we hope that with a new development officer in **Polly Lawman** and a new administrative assistant in **Cecilia Blaney** we now have the organisation to liaise better with them. Unfortunately, the one effort we made to hold a joint meeting with an affiliate - Age Concern - to celebrate 100 years since the introduction of the state pension was not a great success, but this should not deter us from holding joint activities in future.

The Forum with its strong nucleus of affiliated organisations with a combined membership running into many thousands including, for example, Heart Throbs, a cardiac special interest group with 400 members, the 1,000 strong Cypriot



Newsletter stuffing team at Salisbury House.



NPC General Secretary, Joe Harris addressing the Forum - Age Concern on the centenary of the first state pension.

Association, 290 members of the Association of Jewish Ex-Servicemen and Women and the 700-strong Unison retired members stakes its claim on being the most representative voice of older people in the Borough which ought not and cannot be ignored. Now we have to prove there is merit and value in having a growing list of affiliates.

Finance

The financial accounts for the year are detailed in Appendix II of this report. Our policy in running trips and social events is that they should break even and as can be seen trips and events costs were £22,608 and this was covered by the commensurate income. Subscription income significantly increased to £17,279 but this includes a large number of members who have paid up to 2011 and others who have taken out life membership. As mentioned elsewhere the Forum has been thankfully awarded a grant of £20K spread over two years. Our thanks also to the Primary Care Trust, Enfield Police, Vanderpump & Sykes and Stennett & Stennett for their support of our newsletter costs.

Printing, distribution and stationery means that it now costs the Forum some £1,500 per issue. The total annual cost for administering the Forum including the six issues of our newsletter was about £30K. With the new office at Millfield House and appointment of Polly Lawman and Cecilia Blaney this is expected to increase to about £35K per year. Our current bank balance is a healthy £38,446 and this with our predicted cash flow means that the Forum finances should remain sound until 2011/12 but that we need to look for additional external support once the grant from City Bridge House Trust ends in this increasingly difficult economic environment.

Fundraising

Unfortunately, our lead committee member on fundraising had to retire during the year from the post for family reasons and so the number of bids submitted for financial support was extremely limited. Nevertheless, the Bridge House Trust accepted our application under their small grants policy and we had a small grant from the Old Enfield Charitable Trust that enabled us to print a new recruitment leaflet. We also received support from the council's small clubs fund and the Forum also benefited from some small donations received from organisations to which our members belong.

We have proved in the past how the lottery funding we received was put to good use. We had just 220 members when the Big Lottery Fund allocated £54,000 over three years to us. With that money we recruited **Olivia Goodfellow** as the Forum's part-time coordinator and administrator with the result that our membership went up more than tenfold - a cost-benefit relationship that would be hard-pressed to better anywhere in the public sector. Olivia left us at the end of 2008 to spend more time on her other business interests, having put in many more than the 18 hours per week expected of her. There is no doubt that Olivia's dedication and leadership was a major factor in our growth and we wish her success in her future work. The Committee is of one mind in recognising the importance of securing funding that will enable our two new part-time workers to continue their highly valued work for many years to come.

Fundraising from here on needs to become an integral part of our everyday work. We need to seek out more opportunities to apply to charitable organisations for grants and at the same time we have successfully built in a small charge for Forum funds for the social events we organise. In addition, we have had, of course, a substantial increase in our income from the larger number of subscriptions and we would particularly place on record our thanks to those who have donated £100 to become life members and £150 for joint life memberships. In addition, we have had some valuable help for raffles and functions from local businesses such as Waitrose, Marks & Spencer, Greggs the bakers and others.



But the biggest and best support again came from Warburtons, the major bakery based at Brimsdown, who gave us two sets of tickets to raffle for an Arsenal Champions League game, together with dinner for the lucky winners. The proceeds of the raffle - about £2,000 less expenses - together with help in supplying their bread to some of our public events is greatly appreciated. In 2008 we also had financial support for part of the year from the solicitors Vanderpump & Sykes and later from another legal firm Stennett & Stennett who agreed to largely meet the bill for our new Millfield House office.



The Chair announces the winners after Warburtons' George Theochari made the draw at the October 2008 Forum meeting. The Warburtons' sponsored football raffle raised £2000.

Newsletter

In the past year we again supplemented the popular bimonthly printed Forum Newsletter, which is posted to every member, with our own E-News, the fast and up-to-date electronic news bulletin compiled and dispatched by **Tony Watts** direct to the homes of more than 700 members. It gives us a valuable communication tool that is so important in this era of information technology in which older people must be encouraged to play their part. Throughout the year the Forum's website has been faithfully updated by our 'web master' member, **Sharon Doron**, and it has become the first stop for many members when they want the latest Forum news or fail to remember venues or times for forthcoming meetings and events, or need to find a back issue of the newsletter. Visitors to the web site hover around 3000 per month. **Sharon's** redesign of the website has enhanced the image of the Forum and is our gateway to other Forums and the world outside of Enfield.

Judging by the number of new members won through the Newsletter, the printed word remains a key weapon in maintaining and expanding our influence and it came out on time every two

months last year. We are now circulating about 6,800 copies of each issue to members, our affiliated clubs, the 14 libraries and more than 60 surgeries and we have established some new outlets for the Newsletter in supermarkets and the leisure centres. No doubt if we had the money and the distribution system we could print anything up to 10,000 copies because it is free and well read.

We now have a team of volunteers that helps to stuff and post the Newsletters and we are most grateful to **Peter Smith** who organises the collection and delivery of our bulk orders to many outlets.

Millfield House

We marked the start of 2009 by moving from temporary and not very suitable accommodation at Salisbury House into our new office with much more space and superior amenities at Millfield House, also in Edmonton. This is now the hub of our entire operation and it has been interesting to see the number of members going to the office and phoning the staff for advice and guidance - a service the Forum has only been able to offer in a limited way until now. It is the working base for our volunteer membership secretary, **Joyce Pullen**, who has again done a truly remarkable job in handling the ever-growing computerised database. We are now operating much more professionally, we are more self-sufficient in our organisation, better organised and more efficient - albeit at a cost of more than £2,750 a year in rent paid to the Council!

Future direction

Our strategy has been one of working within the wider community to try and improve the quality of life of older people. Our annual general meeting has reiterated that we had the right balance between campaigning on various social issues and organising different events that aim to bring people out of their homes and end any self-imposed isolation.

During 2008 we strengthened our committee and for the first time we now had a social secretary **Roddy Beare** with a team suggesting and organising events and we need to build on this approach by getting more people taking on more responsibility.

We have indicated in this report some of the things we still have to do and there are others that need

the attention of the incoming committee. Taken together our priority list for attention includes:

- **Organising a team to raise £35,000 in the year to meet our existing commitments**
- **Organising a publicity and campaigns team to lead on issues and events of public interest**
- **Hold more Forum meetings in different areas, particularly the east of the Borough**
- **Increase Forum membership among our diverse communities**
- **Keep lifelong learning opportunities on the agenda**
- **Examine toe-nail cutting services for the elderly infirm**
- **Press the Council to improve amenities at Whitewebbs Park**
- **Consider the need for a borough-wide “speak to an older neighbour” scheme**

The Forum’s objectives are to:

- **Make** life better for older people in Enfield
- **Ensure** we are a party to all decisions involving older people
- **Provide** accurate information of interest to older people
- **Have** informative speakers at our monthly meetings

- **Organise** events and opportunities for members to socialise
- **Campaign** against discrimination and injustices
- **Influence** national and local government on matters affecting older people such as pensions, council tax, health, crime, leisure etc.
- **Work** in partnership with local, regional and national organisations in support of the above objectives.

This is my last annual report for after nine years I am passing on the pleasure of leading the Forum to someone younger and with fresh ideas and greater energy to make them a reality. I am not leaving the scene entirely just yet for there is still a great deal of work to do, particularly in the field of health services improvement which I intend to concentrate on doing. Our Forum is now stronger and more organised than ever before and if in the last nine years we have together laid the foundations for a thriving organisation, then looking forward we can truly say the best is yet to come.

Monty Meth

Monty Meth
Chairman April 2009

APPENDIX I

Forum Affiliated Organisations

Ajex
Armfield Pensioners Club
Arnos Grove Townswomen’s Guild
Arthritis Care-Edmonton
BHP Residents Assoc.
Bramley Bowls Club, Cockfosters
Church Street Residents Association
Club 60 Plus
Club Terza ETA
Cockfosters Bowling Club
Community & Environment Project Office
Community Aid
Cypriot Elderly & Disabled Group Enfield
Eastern Enfield Good Neighbours
Edmonton Bowls Club
Ellenborough Table Tennis Club
Elsinge Monday Club
Enfield & Southgate Workers Educational Association
Enfield Asian Welfare Association
Enfield Croquet Club
Enfield Diabetes Support Group
Enfield Unison Retired Members Assoc
Enfield Writers Workshop

First Tuesdays Ladies Group
Heart Throbs
Housing 21
Leigh Hunt Drive Neighbourhood Watch
Meet a Need with Christian Care
Naree Shakti (Asian Womens Strength)
Oakwood Horticultural Society
Over 50 Bangladeshi Society
Polish Community in Enfield
Probus Club of Enfield
Salvation Army Sunshine Club
Selborne Bowling Club
Silver Threads Senior Citizens Group
Southgate Bowling Club
Southgate Weld Lawn Tennis Club
St Thomas (Oakwood) Golden Link Club
Stroke Action
The Ladies Thursday Club
The Royal Air Forces Association (Enfield)
Winchmore Hill Bowls Club
Winchmore Hill Community Care
Winchmore Hill Lunch Club

ENFIELD BOROUGH OVER 50s FORUM

Revenue Accounts 1st April 2008 to 31st March 2009

Income

	2007/8	2008/9
Subscriptions ¹	£12,639	£17,279
Grants & Donations ²	£409	£25,545
Event/Meeting Raffles	£551	£747
Warburtons Football Raffle ³	£2,818	£2,011
Interest – Halifax Account	£387	£238
Events Current Year	£426	£6,886
Coach/Holiday Trips	£21,796	£16,021
Luxembourg Trip Nov. 2008	£1,588	-
Xmas Social	£1,309	£1,750
Total Income	£41,923	£72,126
Surplus/(Deficit) for Year	(£6,171)	£19,365

Expenditure

	2007/8	2008/9
Development Officer	£11,725	£13,084
Development Officer Expenses	£115	£1,553
Administration support	£751	£1,148
Printing	£4,030	£5,125
Postage ⁵	£3,667	£5,353
Stationery	£901	£1,375
Communications	£351	£299
Travel	£212	£190
Salisbury House/ Hall hire	£747	£357
Millfield House Rent	-	£389
Office Equipment	-	£338
Recruitment Expenses	-	£785
Donations, Subs & Bank Charges	£166	£145
Events ⁴	£3,203	£5,570
Coach/Holiday Trips ⁴	£22,226	£17,038
Total Expenditure	£48,093	£52,760

Balance Sheet

Total Funds at 31 st March 2008	£19,081
Total Funds at 31st March 2009	£38,446

Represented by the Bank Balances

	31.03.08	31.03.09
Halifax	£8,596	£14,828
Barclays	£10,485	£23,617
Totals	£19,081	£38,446

Notes

- 1 This includes a significant number of subscriptions paid in advance for 2009/10, some for 2010/11 and 35 life members.
- 2 Grants and support were received during the year from City Bridge House Trust, the Enfield Primary Care Trust, the Enfield Police, Enfield Leisure Centres and Vanderpump & Sykes of Enfield.
- 3 The prizes for these Raffles were kindly donated by Warburtons of Brimsdown.
- 4 Forum policy for trips and social events is that they should not make a loss. £2,708 of reported income is for 2009/10 trips and events.
- 5 Ten thousand 27p postage stamps were purchased prior to the April 2009 Royal Mail price rise saving the Forum some £300. The £1800 worth of stamps held will be used for future 2009 mail-outs.

Prepared by P. Shukla
P Shukla (B.Com, D.Com (IMC))
Treasurer, 24 April 2009

Auditor's Report

I have examined the accounts of Enfield Borough Over 50s Forum and find them to be a true and fair view of the Forum
Raymond Gnanapragasm
BSc., D.Comm (IMC) 24 April 2009

Raymond Gnanapragasm
24/4/09