

Enfield Borough Over 50s Forum



Annual Report

for

the year ending 31 March 2011

presented to the Forum's annual general meeting

held at the Civic Centre, Silver Street, Enfield

Tuesday 29 May 2011

www.enfieldover50sforum.org.uk

Registered Charity no. **1122859**

Supported by





Forum session at the Civic Centre

***Forum Committee 2010/11**

Chair	<i>Irene Richards</i>
Secretary	<i>Tony Watts</i>
Vice Chairs	<i>John Ball, Peter Shukla</i>
Treasurer	<i>Champak Mistry</i>
Campaigns officer	<i>Monty Meth</i>
Membership secretary	<i>Joyce Pullen</i>
Social secretary	<i>Roddy Beare</i>
Web-master	<i>Sharon Doron</i>
Members:	<i>Heather Cole</i>
	<i>David Campbell</i>
	<i>Bill Crossley</i>
	<i>Vincent Konyeaso</i>
	<i>Adeyinka Popoola</i>
	<i>John Peach</i>
	<i>Peter Smith</i>
	<i>Bill Thear</i>
<i>* All of the above members are trustees of the charity</i>	
Co-optees	<i>Mike Smith (Age Concern)</i>
	<i>Demos Demitrou</i>

Social Committee

Roy Barrows
Roddy Beare
Heather Cole
Clara Djondo
Olivia Goodfellow
Jennett Jardin
Sue Marks
Jean Mittins
Lorraine Murray
John Peach
Jacky Pearce
Irene Richards
Sue Scott
Betty Smith
Stan Sparrey
Bill Thear

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 Registered Charity 1122859

Annual Report 2010/11

Chair's Report

This year has seen a further consolidation of the Forum's membership and financial position. We have maintained our membership at around 3,000 and our financial position is secure. The security this gives us is important as it allows us to plan ahead with confidence.

During the year I have seen much hard work done by your Trustees. Thanks must be given to our Secretary, Tony Watts and his assiduous and successful pursuit of grants to underpin the work of the Forum, particularly the recent grant from Comic Relief; to Joyce Pullen, our Membership Secretary who not only manages the membership database but also organises the bi-monthly "stuffing sessions" for the Newsletter and keeps the volunteer database; to Peter Smith who does the hauling necessary for the Newsletter to get to the post office and to our many and various distributors around the borough; to Monty Meth who has kept us alert with his campaigning zeal not least on the Coalition government's change from RPI to CPI for calculating the state pension annual up rate; and, to Champak Mistry, Treasurer, for keeping our accounts in order. The Newsletter, edited by Month Meth and produced by Tony Watts, continues to spread the influence of the Forum far and wide.

Thanks to our office staff, particularly Polly Lawman who has worked so hard on many and varied projects over the year. Most successfully, building on the number of organisations affiliated to the Forum. A conference was organised for them where the Leader of the Council, Councillor Doug Taylor discussed the budget and answered questions. This is one way in which the Forum is able to assist affiliates by bringing them together on common issues.

A calendar of meetings has been maintained at which attendance has been varied, depending on the topics. Suggestions for speakers and topics would be welcomed.

Our Social Committee goes from strength to strength under the genial guidance of Roddy Beare. Its work underpins our charitable remit of alleviating isolation. The list of events in the Newsletter is evidence of this and our thanks go to each and every member who gives of their time freely to organise them.

The Poetry Group, so well organised by David Oliver, has shown that it is a much-loved activity of the Forum. Monthly meetings, now held in the Community Room at the Central Library, are always well attended and the output of the Forum poets continues apace. There is also a well-attended Book Group, ably organised by Sue Scott. John Lombard's handicraft evenings are a great success with members using tools they never knew existed. These continue with support from the Council, and from the Head and Staff at Enfield County School. Our thanks to them for their continued support

Members serve on various outside bodies such as the Older Peoples Board, Safeguarding Adults Board, Older People and Vulnerable Adults Scrutiny Panel, etc. This representation gives a wider perspective to older peoples' issues.

We have held meetings with our three local MPs on pensions and the NHS. We have a good relationship with our local Council, which assists the forum in providing rooms for meetings and councillors and officers who speak to us about what the council is doing or consulting with us on what it is planning to do.

During the year our office had to be re-located to Salisbury House because Millfield House, a listed building, was to be given a re-furbishment. We have now moved back into a larger office. and a building that shines.

No annual report can go by without thanks to all those in the Forum who freely volunteer their time – the bi-monthly Newsletter "stuffing team" whose energy amazes me, helpers at various events and in the office.

As I stand down from the Chair and pass the baton on, I can reflect with satisfaction that, during the past two years, the Forum has increased in stature and influence in

our community. With your continued support we can be assured of a continued and bright future for the Forum.

However, we must all remain vigilant in this time of cuts

and extreme change in order to protect the gains we have made. This is a task for each and every one of you. I urge you to take an active part, whatever your interest, and not leave everything to your new Chair and executive committee.

Thank you all for your support over the past two years.

Irene Richards



Enfield contingent supporting the National Pensioners Convention rally and march to Trafalgar Square

Campaigning

Looking back on our activities during the year ending 31 March 2011 it is quite obvious that this was but a curtain-raiser, for we are now heading towards the most difficult period in the Forum's brief history. No matter where you looked, the warning signs were everywhere that change is on its way - and it will not be change for the better. We had a foretaste of what is in the pipeline with the changes envisaged for the National Health Service; the attempt to amend the Freedom Pass legislation; and the Government's decision to change the basis for future pension increases by linking them to the consistently lower Consumer Prices Index (CPI), rather than the long-established Retail Prices Index (RPI) which will particularly hit younger people.

We sought every opportunity to make our views known on these matters and expressed our concern on many more, such as seeking to ensure that the provision of jobs for the over 50s was on the local agenda and, at the same time, securing a special place for older people at the local leisure centres to help them keep fit to enjoy a longer life.

Improving local dental care, seeking better treatment for dementia and stroke sufferers, protecting the audiology unit at Chase Farm hospital from unfair private competition in the growing hearing aids market among an ageing population, seeking to maintain the much-valued Community Toilet Service - were all on our agenda in the last year.

Undoubtedly, the highlight of our campaigning year was seen at the September Enfield Council meeting when more than 100 Forum supporters packed every available public space, holding aloft their "kill the bill" and "defend the Freedom Pass" posters signifying our opposition to the attempt to give new powers to Transport for London to change the Freedom Pass regulations without the slightest pretence of consultations with the users of the Freedom Pass - older people.



Forum protest helped to "kill the bill"

Sensing that feelings were running high, Enfield Mayor Councillor Jayne Buckland invited the Forum's spokesman Monty Meth to address the full council meeting - the first time a member of the public had done so for decades. The fact that these changes had been cooked up in 2009 without councillors being aware of what was being planned in their name made our case even stronger. So we hope that leaders of both political parties on the council learn the lesson and will never again take decisions about us, without us having our say.

While we enter another year numerically stronger, there are still battles to be fought - old battles still to be won such as improving bus services to both Barnet and the North Middlesex

Hospitals. And there will be new battles, principally among them to make sure that the structural changes in the NHS do not lead to deteriorating services. And we'll need to be increasingly vigilant in monitoring our



A better bus service to Chase Farm?

primary care surgeries and the three local hospitals to see that the promises of no cuts to front line services is fulfilled.

As affiliates to the National Pensioners Convention, its Greater London Region and the Greater London Forum of Elderly People, we are obviously called upon to support many national campaigns, such as the reform of council tax, improved pensions, uprating the weekly 25p Age Addition for 80-year-olds and the £10 Christmas bonus unaltered since 1971 and 1972 respectively. But in the present economic circumstances we realise that we can have more influence with the local authority and local statutory bodies if we concentrate on issues of local concern, while at the same time holding local MPs to account for changes being made without a General Election mandate - and without even Parliamentary approval.

We are, therefore, hoping to present our petition against the changes from RPI to CPI (referred to earlier) for calculating pension increases to our Government- supporting MPs because we strongly feel that the way this change has been introduced without even the pretence of consultation is a travesty of the democratic process. By the end of the financial year we had more than 1,000 signatories to our petition and we plan to take a small deputation to discuss this issue with our MPs.

Health

Although the Enfield NHS Primary Care Trust has attracted a fair amount of criticism over the years, the manner in which it has been disbanded with the loss of many good and dedicated people may yet turn out to be a source of regret. Having had a local board and a chief executive to whom we always had access, we are now seeing the five North London PCTs being rolled into one, leaving us with a tempo-

rary interim borough director whose powers will be severely limited.

We are moving into unknown territory with a group of GPs being given pathfinder status to run all local health services from April 2013. The personnel changes which we are about to experience at every level of the NHS will, we fear, make it extremely difficult to achieve results in areas of concern to the Forum.

The Forum has been represented on various NHS groups set up to advise management, but although progress is at times painfully slow, many of these committees have now been disbanded and we await with interest to see what level of consultation with patients will be introduced. Opposition to the Health and Social Care Bill, first mooted in July 2010, has been mounting ever since with doctors, nurses, consultants - among many others - condemning it as a disaster for the NHS and public services. While the final shape of the legislation is at present unknown, the Forum has met the leaders of the local GP consortia because although we have strong reservations about the Bill we feel it to be in the best interest of our members if the Forum could be represented on the new management board. The powers that be can rest assured that as the largest voluntary organisation in the borough, we intend to have our say on the future of the NHS.

Lifelong Learning

Thanks to support from Dr Ben Charles, head of LBE's Community Learning Service, we have been able to launch and sustain the first After School Hours Learning Project for Older People in Enfield - and possibly in London - which has now been running so successfully at Enfield County School for some months.

Thanks to the cooperation of the school's Head and administrators, the Forum has use of the school's facilities from 4.30 - 7.30pm for wood-working and handicrafts on a Tuesday evening each week.

Under the leadership of Forum member John Lombard, a former teacher, classes are



Forum members learning new skills

full to capacity with at least 16 elderly pupils at each session having lessons in the joys of learning new skills, working with special tools and machines in the design, making and repairing of various items.

John Lombard has recruited three other “elders” as fellow instructors and the students tell us their expertise is exceptional as is their willingness to train and advise the students. The students themselves tell us they have never done anything like this before. They find it exciting and rejuvenating and an excellent challenge for the brain cells. The students are anxious that we try and keep the course going and are even contemplating having an exhibition - possibly at the Town Show - of their work.

While applauding John Lombard’s initiative in creating this breakthrough, we continue to miss and regret the loss of lifelong learning opportunities at our local colleges following the withdrawal of concession fees to older people who are not benefit claimants. The Forum does, however, seek opportunities to run computer training courses as well as holding educational meetings in various parts of the borough.

Healthy lifestyles

The Forum welcomed the appointment of Fusion Lifestyles - a not-for-profit company - to manage our leisure centres because it removed the air of uncertainty hanging over this major community asset which had for some time been in liquidation. With the local management remaining in place, we were able to negotiate with Fusion very worthwhile discounts for our members on a wide range of activities - and this is clearly reflected in the Forum’s membership growth stemming from the leisure centres. The Forum was able to negotiate a discount of more than 60% in the cost of a yearly concessionary card and substantial reductions on the annual and monthly membership which all serve to stimulate regular participation in physical activities.



Fitness session at Fusion’s Edmonton Leisure Centre



Healthy lifestyles day at Fusion’s Southbury Leisure Centre

The Forum does its best to promote a healthy lifestyle in the belief that prevention is better than cure. Get fit for a longer life has long been at the forefront of our campaigning messages and we have organised a series of public events - in partnership with the NHS and Fusion - to encourage more people to exercise regularly. This is especially necessary during the inevitable ageing process, when we know that certain long-term illnesses are irretrievably linked to increased life expectancy. Promoting a healthy lifestyle is one of the Forum’s contributions to reducing NHS costs and at the same time securing a better life for older people.

Social Committee

Looking back over the last year it is amazing to see what a variety of events your social committee has put on for you: various meals out, in all



A day out on the River Lee organised by the Social Committee

kinds of restaurants in different parts of the borough; two wonderful Christmas socials, both full to capacity; various trips out to museums; the 2012 Olympic site; Wembley Stadium; the Royal Opera house; the theatre and Brick Lane Music Hall; days out to the seaside at Eastbourne and also to Highclere Castle. We have ventured

abroad to Istanbul, and plan a German walking holiday and also a visit to Croatia. One of the highlights of this year was undoubtedly the open social committee evening we had in February. Members were invited to come to the Civic Centre, meet their social committee and give us their ideas. This was truly a wonderful evening, some 60 people attended and we had a great time. Your committee has given you a wonderful programme but it cannot do this alone, we need more volunteers to come along and join the social committee and help us continue the work we do.

We would like to give a very big vote of thanks to all the members of the social committee, each and every one of them has done a wonderful job for you.

Finance

Champak Mistry has consolidated his role as Treasurer of the Forum by introducing procedures and practices to ensure the committee is fully aware of the healthy state of our finances and can plan for the future with confidence. The increase in membership numbers and the numbers of members renewing for 2 years or becoming life members has resulted in subscriptions income for the year reaching a record level of £24,449, while grants and donations were slightly down on last year at £26,671. The grant from **City Bridge Trust** came to an end last year but we had the good fortune to be awarded a grant of £45K spread over three years from **Comic Relief**. **Our thanks to the Trust** as this means we can continue to employ our two part-time workers, **Polly Lawman** and **Mina Shah**. Besides the grant from Comic Relief other support was gratefully received from **Stennett & Stennett, The Metropolitan Police** and **Enfield Primary Care Trust**. Overall our accounts for the year show a surplus of £7K.

Staff salaries are the most significant cost of running the office while the cost of printing and distributing the newsletter are in excess of £14K. Our print run is currently 8000. The value of our staff in supporting the wide range of activities the Forum undertakes cannot be underestimated.

As shown in the notes to the Financial Statements in **Appendix II**, trips and events made a small surplus which helps to cover general running costs. Total trips and events receipts amounted to £22.6K.

Fundraising

Fundraising is a constant worry – without the extra money we have been able to attract from **City Bridge Trust** and **Comic Relief** it would be impossible for us to provide the level of support we do. During the year we were fortunate to receive a cheque for £429 from **Waitrose** from its



Forum Secretary receiving a cheque from Waitrose for £429

community support Scheme. Towards the end of the Financial year we were successful in attracting a grant of £3000 from the Grassroots Active 60 fund and this together with the Waitrose grant will be used to further our charitable work in helping to co-ordinate the **Good Neighbours** schemes being run across the Borough; arranging a **Falls Awareness** day at Edmonton Leisure Centre; and providing a **series of outings** for older vulnerable people in the Borough.

As indicated in our last years Annual Report we have applied to Inland Revenue to claim Gift Aid on membership subscriptions. This has proven a particularly intractable process. We are still hopeful that we will eventually receive a refund of over £2000 for the year 2008/2009 and similar amounts for 2009/10 and then 2010/11.

Members will recollect that at the April 2010 AGM it was agreed that subscriptions would be increased for the financial year to £7 for individual members and £10.50 for couples. Many members renewed in advance of the year end and we thank them for doing this as it reduces that burden on our office staff, our Membership Secretary, **Joyce Pullen**, and **David Campbell** who banks all the monies for subscriptions.

Partnership

Our members play an active role in representing the Forum on numerous committees in working with the Council, Police, Pensions Service, National Health Service and other statutory bodies. With the change in government, Local Area Agreement funding for has dried up and the Enfield Community Empowerment Network staff have been made redundant. Notwithstanding these changes the Enfield Strategic Partnership Boards are continuing but with a revised structure and terms of reference. Forum members Monty Meth, Irene Richards, Peter Smith, Vivien Giladi, Champak Mistry, Joyce Pullen, Yusuf Gulamhusein, Des Hegarty, Adeyinke Popoola David Oliver and Tony Watts represent the Forum on a variety of committees in support of the older community in the borough.

Councillors and Council Officers increasingly turn to the Forum when older people's issues and consultations are on the table. The Forum has excellent relationships with other groups across the Borough and the number of affiliated organisations now stands at an impressive 68 clubs and other organisations. The support we give our affiliates in promoting their activities and arranging mutual interest discussion sessions is proving very popular. Polly Lawman has been particularly active in meeting with affiliates and explaining just how we can help them. Similarly the meetings she has organised for members interested in volunteering to help us support our ever increasing membership base has also been well received. The upshot is that more and more members are having their 100 hours of volunteering recognised by the Council.



The Chair "selling" the Forum at the Enfield Show



Forum members at the 2010 Enfield Show

Membership

Year on Year the Forum continues to grow and this year has been no exception. At the year end we had 2,686 members who had fully paid up until at least the end of the new financial year with 856 still to renew. We are pleased to see many of our lapsed members returning. The total number of Life members is now 63. Our Affiliates were at a magnificent high of 68 with 47 of those being fully paid up. The number of Gift Aid signatories (1541) grows each month for which we thank everyone of you. Our Forum is one of the best in the Capital maybe the Country so thanks to all of you for your support.

The Forum in Europe

As reported last year the Forum and LBE's proposal submitted to the European Commission lead to an award of 47,000 Euros to study, compare and contrast older people's support and services in **Enfield** and the three towns with which it is twinned - **Gladbeck, Courbevoie** and **Hallandri**.

The first phase was to draw up steering committees in each of the Towns. Enfield's steering committee drawn from Forum members includes **Lesley Jordan, Christine Whetstone, Vivien Giladi, Hazel Kinsler, Ursula Riniker, Jeff Rodin, Tony Watts, Jackie Watts, John Tsangalakis**, and ably supported by Council Officers **Eleanor Hunter and Felicity Cox**. The steering group has met regularly through the year and worked extremely hard in preparing a Profile of Older People in Enfield, presenting their findings at a conference held in Courbevoie in October 2010 and reporting on the outcomes from the conference. The commitment and input from the whole of the group has been exemplary. The efforts of **Hazel Kinsler, Ursula Riniker** and **John Tsangalakis** were particularly valuable in

translating all the documents into French, Greek and German as well as acting as interpreters at the October conference.

The group is also responsible for launching the project website - **www.eur50plus.org** - which contains all the reports and findings of the study to date. The next phase will include a major conference this coming September to be held in Strasbourg at the European Parliament with presentations from each twinned town. The help received from our MEP Claude Moraes has been particularly appreciated in facilitating the arrangements for Strasbourg.



Conference delegates visiting the Courbevoie Park

The culmination of the study will be a final conference to be held in Enfield in March 2012. The intention is that following the conclusion of the study there will be an ongoing interchange of ideas and activities among older people from the four communities.

Enfield's steering group is appreciative of the work and support from the other twinned towns. Courbevoie's Mayor, **Jacques Kossowski** and Deputy Mayor **Madame Pernot** have been particularly supportive in ensuring the successful outcome of the conference held in Courbevoie and the wonderful hospitality shown towards all of the participants while they were there.



Courbevoie Deputy Mayor, Nicole Pernot addressing delegates at the Courbevoie conference in October 2010

Future direction and public benefit

Our strategy continues to be one of working within the wider community for the public benefit of older people in the borough and to improve their quality of life and the Forum's effectiveness in doing this is demonstrated throughout this report. The first task of the incoming committee and chair will be to revisit the Forum's development plan to ensure that the progress made in the past decade continues.

Other priorities include:

- Strengthen our committees and extend the opening hours at Millfield House
- Continue the progress made in recruiting affiliate organisations and working with them
- Increase membership among our diverse communities
- Get more members involved in running the Forum
- Strengthening our partnership with the new Enfield Leisure Centre management to ensure that more older people are encouraged to improve and sustain their fitness levels
- Keep lifelong learning high on the agenda

The Forum's objectives are to:

- Make life better for older people in Enfield
- Ensure we are consulted in all decisions involving older people
- Provide information on matters vital to older people
- Have informative and interesting speakers at out monthly meetings that address the needs of members
- Organise events and opportunities for members to socialise
- Campaign and influence national and local government and other statutory bodies on matters affecting older people
- Work in partnership with local, regional and national organisations in support of the above objectives.

Finally, as I said at the start my thanks to all who have helped me over the past two years.

Irene Richards

Chair May 2011

APPENDIX I

Forum Affiliated Organisations

A.Lewin Unity Lodge	Heart Throbs
Ajex	Holtwhites Bowls Club
Armfield Pensioners Club	Housing 21
Arnos Bowling Club	Ladies Friendly Group
Arnos Grove Townswomen's Guild	Leigh Hunt Drive Neighbourhood Watch
Arthritis Care-Edmonton	Local Tennis Leagues
BHP Residents Assoc.	Macular Disease Society (Enfield Group)
Bounces Rd Area Neighbourhood Watch	Meet a Need with Christian Care
Bramley Ladies Bowling Club	Naree Shakti (Asian Womens Strength)
Bury Lodge Bowls Club	Nightingale Community Hospice Trust
Church Street Residents Association	North London & South Herts Ranters
Club 60 Plus	Oakwood Horticultural Society
Club Terza ETA	Operation Fish
Cockfosters Bowling Club	Over 50 Bangladeshi Society
Cockfosters Probus Club	Polish Community in Enfield
Community & Environment Project Office	Probus Club of Enfield
Community Aid	Ruth Winston House
Cypriot Elderly & Handicapped Group Enf	Salvation Army Sunshine Club
Deep Indian 50 Plus Assoc - Enfield	Selborne Bowling Club
Edmonton Camera Club	SilverThreads Senior Citizens Group
Ellenborough Table Tennis Club	Southgate & Enfield Friendship Centre
Elsinge Monday Club	Southgate Bowling Club
Enfield and Southgate Workers Educational Association	Southgate Oakwood Townswomen's Guild
Enfield Asian Welfare Association	Southgate Opera Group
Enfield Breathe Easy	Southgate Symphony Orchestra
Enfield Caribbean Association	St Johns Art Group
Enfield Croquet Club	St Thomas (Oakwood) Golden Link Club
Enfield Diabetes Support Group	Stroke Action Social Club
Enfield Light Operatic & Dramatic Soc	The Ladies Thursday Club
Enfield National Trust Association	The Royal Air Forces Association (Enfield)
Enfield RSPB Local; Group	Tuesday Ladies Group
Enfield Town Bowls Club	Weir Hall Ratepayers Association
Enfield Unison Retired members Assoc	Winchmore Bowls Club
Enfield Video Makers	Winchmore Hill Community Care
Enfield Writers Workshop	Winchmore Hill Folk Dance Club
English Country Barn Dancing	Winchmore Hill Lunch Club
Gardening Friends	Winchmore Singers
	Winchmore String Orchestra

“Enfield has Over 80,000 over 50s half of whom are retired”

APPENDIX II

ENFIELD BOROUGH OVER 50S FORUM

(Registered Charity number 1122859)

RECEIPTS AND PAYMENTS ACCOUNT for the year ended 31st March 2011.

RECEIPTS				Notes to the Accounts	
	Note	2010/11 £	2009/10 £		
Subscriptions	1	24,669	17,880	1	Subscriptions - Includes significant amounts received for 2011/12 and from life members.
Grants and donations	2	26,671	28,290		
Poetry lines	3	164	901	2	Grants and donations - major donors and contributors City Bridge House Trust Metropolitan Police London Borough of Enfield Enfield PCT Comic Relief Stennett & Stennett
£		51,504	47,071		
PAYMENTS					
Staff salaries and NIC		22,370	19,065	3	Poetry lines - There are a substantial number of books in stock.
Printing		6,465	5,708		
Postage and delivery	7	7,802	6,090	4	Events completed during the year showed a surplus of £ 1,519
Stationery		879	1,464		
Telephone		420	553	5	Trips completed during the year showed a surplus of £ 557
Travel		0	89		
Office rent and hall hire		3,243	3,517	6	Gross Receipts Paymments Net
Miscellaneous expenses		1,061	1,034		
Donations - Cumbria		38	63		
Poetry Lines	3	12	1,125		Events £ 8,518 £ 7,143 £ 1,375
Public Events	7	1,841	0		Trips £ 14,157 £ 13,306 £ 851
Office Equipment		500	0		
					£ 22,675 £ 20,449 £ 2,226
		44,630	38,708		
Surplus on ordinary charitable activities		6,874	8,363	7	There was a stock of stamps of £5,760 at 31st March 20: for use during 2011/12.
Activities for members:				8	The Forum organised the following events for public benefi: Falls Awareness Day Healthy Lifestyles Woodwork Classes Open Forum for Social Functions
Net receipts from Events	6	1,375	522		
Net receipts from trips	6	851	-1,755		
Total net receipts for the year		9,100	7,130	9	Gift Aid claims have not been agreed with the Revenue for the period to 31st March 2009. Claims for the years ended 31st March 2010 and 31st March 2011 have not yet been submitted.
Cash funds 1st April 2010		45,576	38,446		
Cash Funds 31st March 2011	£	54,676	45,576		
STATEMENT OF ASSETS AT 31ST MARCH 2011				This statement of Receipts and Payments and Notes to the accounts for the year ended 31st march 2011 was prepared by:	
Bank Balances - Barclays		39,807	30,747	Champak Mistry, FCCA.	
Bank of Scotland		14,829	14,829	26th April 2011.	
Petty Cash		40	0	This statement of Receipts and Payments and Notes to the accounts for the year ended 31st march 2011 was Independently Examined by:	
£		54,676	45,576	Jeff Rodin B.Soc.Sc (Jt Hons)	
				Independent Examiner	
				26th April 2011	

ENFIELD BOROUGH



“The Forum publishes its 12 page newsletter 6 times a year and distributes 8000 copies of each issue. Over 3000 copies are posted to members and the balance is distributed to affiliate organisations supporting older people, libraries and GP surgeries and some supermarkets. It is Enfield’s key publication for communicating with the over 50s.”

“Don’t talk about us without us”