# Annual Report 2012

# Enfield Borough Over 50s Forum

For the year ending 31st March 2012 presented to the Forum's annual general meeting held at the Civic Centre, Silver Street, Enfield Tuesday 29th May 2012



President

Monty Meth, MBE

#### \*Forum Committee 2010/11

Chair Secretary Vice Chairs Treasurer Campaigns officer Membership secretary Social secretary Web-master Members: John Ball Tony Watts Roy Barrows, Peter Smith Champak Mistry Monty Meth Joyce Pullen **Roddy Beare** Sharon Doron Heather Cole Vivien Giladi **Des Hegarty** Vincent Konyeaso Carolyn Leonard **Bill Mackay** Adeyinka Popoola Peter Smith Tom Devine

\* All of the above members are trustees of the charity **Co-optee** Demos Demitrou

#### **Social Committee**

Chair

Roddy Beare Roy Barrows Roger Biss Heather Cole Olivia Goodfellow Jean Mittins Lorraine Murray John Peach Jacky Pearce Irene Richards Sue Scott Bill Thear

Enfield Borough Over 50s Forum Millfield House Silver Street, Edmonton, N18 1PJ Tel: 0202 8807 2076 info@enfieldover50sforum.org.uk Registered Charity 1122859

#### Annual Report 2011/2012

#### **Chair's Report**

he last couple of years of economic crisis at home and in Europe have been extremely difficult for virtually everybody. Government cuts have inevitably borne down on pensioners. Pensions were increased by less than the RPI, the additional tax allowance for middle income pensioners has been frozen for existing recipients and abandoned for new pensioners, bank interest has consistently been below inflation, the expected £140 per week pension will not be given to existing pensioners, the uprating of deferred pensions has been adjusted downwards etc. etc. etc. Perhaps most galling is the fact that ministers expect us to be pleased to have a large cash increase in the basic pension even though it is below the increase in the cost of living. Do they think that people who lived through the 1970s and 1980s don't understand inflation?

Meanwhile the membership of the Forum has "grown like Topsy". In the last annual report it was reported that membership had stayed at around 3,000 throughout the year. This year I am delighted to report membership seems likely to be around 4,500 when all the late payers have signed on again. I should at once say I take no personal credit for this marvellous achievement. We have a wonderful team of enthusiastic volunteers who put in immense efforts of our behalf.

Our indefatigable President Monty Meth campaigns tirelessly and is renowned locally and nationally for his persuasiveness and persistence. In his "spare time" he produces our excellent newsletter. Tony Watts, our Secretary, works virtually full time smoothing the running of the Forum, fundraising and representing us at national and local meetings. Membership Secretary Joyce Pullen spends hours ensuring that membership subscriptions are noted and cards get to the right people. Bearing in mind the number of members, most of whom renew at the beginning of April, this is obviously a huge and very important task. Joyce also organises the team of volunteers who stuff the newsletter into envelopes ready

for posting. Champak Mistry, our Treasurer ensures bills are paid and accounts are kept to the standards required by the Charity Commission. This is a vitally important activity which requires skill and dedication, attributes which Champak certainly has. Vice Chairman Peter Smith personally ensures that the Newsletter is distributed to those places where bulk deliveries are needed.

The reforms of the health service, which seemed to be announced before they had been fully thought through, have caused considerable angst. Monty and Vivien Giladi have had meetings with a number of key players to stress the need for continuity and preservation of the best of the current service. Peter Smith represents our interests on Enfield Link, an officially sponsored body aiming at ensuring the users of the health service have some input into its running.

Representation and campaigning are often unrewarding tasks. It often seems as if efforts are ignored. It may take years to have an effect. But persistence may pay off. A basic pension above the level of Income Support (Pension Credit Guarantee Element) has long been an objective of campaigners. This now looks as if it will happen, though sadly it is likely that middle income pensioners and potential pensioners will be expected to pay extra taxes and or have reduced supplementary pensions to pay for it. Furthermore, this will be the death knell for earnings related state pensions first established in 1959 by Harold Macmillan.

After nearly a decade of local campaigning the 307 bus should be calling in at Barnet General by the time you read this; a huge benefit for frail elderly people who will no longer have to struggle through the traffic on the A411 and negotiate Well House Lane which can be very slippery in Autumn and Winter. We must be thankful we have people who are willing to turn out for a seemingly thankless task happy in the knowledge that their efforts may pay off in the long run.

Apart from formal activities the Forum has an excellent woodwork class run by John Lombard, a poetry group run by David Oliver and a book group run by Sue Scott. These are valuable activities broadening the minds and skills of those who attend.

Reducing the risk of falls and fractures has long been a campaigning arm of the Forum and the 2011 Falls Awareness event we organised at Edmonton Leisure Centre was a huge success with more than 200 people attending - and the event was covered by the BBC for an Age UK publicity film.

We must all be extremely grateful to volunteers named here, those who helped at the above event and all others without whose efforts the Forum would not be the success it is.

Their efforts are supported by two new staff: Jan Oliver and Elena Goncharuk who many of you will meet in future. Their enthusiasm in the early days of working with us bodes very well for the future. Here I would like to couple this welcome with thanks to recent leavers, Polly Lawman and Mina Shah, for their diligent support while they were employed by the Forum.

I should thank our sponsors who help us to survive financially: Comic Relief and Enfield Council are hugely generous. Local traders such as Waitrose give support as do Warburtons Bakers who donate bread for events. Many others also help.

Finally I must thank everyone who is reading this. If you are a member "thanks". Without members nothing could be achieved. If you are not a member "thanks for taking an interest" but please think about joining. The more members we have the more seriously people in power take us. With central government austerity and all the ongoing changes in the health service and local authority provision we need our voice to be heard. The more members we have the louder we shout.

Thank you all.

#### Campaigning

Looking back on our activities during the year ending 31 March 2012 there was never a shortage of issues to take up on behalf of older people - the only shortage was of people to help us make our voices heard in the places where key decisions are made. During the course of the year we:

- Lobbied MPs on pensions and the need for fair long-term care costs to be shared by society as a whole
- Marched in London against the swingeing cuts imposed on local councils
- Collected over 1,000 signatures to the National Pensioners Convention petition against cuts in the winter fuel allowance
- Protested against the plan now halted to do away with cheques
- Led the drive for a new by-law to ban spitting on Enfield<sup>1</sup>s streets supported by more than 4,000 people
- Continued the long battle to improve public transport services to local hospitals
- Backed the drive to get the government to appoint a Minister for Older People
- Joined the Campaign to end Loneliness.

Through our bi-monthly Newsletter we were able to inform our members, friends and all affiliated organisations of the many developments and changes taking place affecting their lives and welfare. Without this communications tool it is doubtful whether many would know of the massive changes envisaged for NHS services in the borough or, for example, of the impact the switch from the Retail Prices Index to the innocuously named Consumer Prices Index as the inflation measure for deciding future pension increases.

#### Dugdale

**O**ne of the highlights of the year was the launch in June 2011 of our Monday morning free confidential advice sessions at the Dugdale Centre. Thanks to Enfield Council we now have the use of this fine facility. After a naturally slow start due to its novelty, the service became more widely known and widely used thanks to a grant from the Old Enfield Charitable Trust that enabled us to advertise this service in the local press for 12 weeks.

The range of advisers has increased and now includes the Citizens Advice Bureau; the local authority covering council tax, housing benefit, pensions and attendance allowance; a local solicitor; a retired tax inspector; health and lifestyles trainer and a jobs adviser. Interestingly, people now drop-in to the centre to join the Forum, pay their subscriptions, have a coffee and a chat which demonstrates how popular such a centre would be for older people in the town centre if we had that facility available more often.



The Forum taking part in the Edmonton Carnival

#### **Healthy Living**

Securing a special place for older people at the local leisure centres to help them keep fit to enjoy a longer life has long been a key Forum objective. We successfully negotiated a new arrangement with Fusion Lifestyles, who manage our leisure centres on behalf of the council. All Forum members can obtain our great value Concession Card for the reduced price of £8 per year -saving £13 on the normal price. The concession card enables members to use a wide range of activities with a 50% reduction. This includes the Over 50s activity days currently at Edmonton every Monday, Southgate on Tuesday and Southbury on Wednesdays. There are also free swim days for Forum members at Arnos Pool every Tuesday 11.30am - 12.30pm and on Thursday 2.30pm - 3.30pm.



Falls awareness day at Edmonton Leisure Centre with Andy Love MP

#### NHS

When the NHS was established in 1948 there were only 200,000 people in the country aged 85 and over. Today there are already 1.4 million and by 2050 the anticipated figure is there will almost be 3 million. In these life-changing times the Forum has a major responsibility to see that the increase in life expectancy is matched by improved health and social care. So we have been engaged in:

- \* Seeking better treatment for dementia and stroke sufferers
- \* Protecting the audiology unit at Chase Farm hospital from unfair private competition in the growing hearing aids market
- \* Defending the Barndoc out- of hours GP service again from the threat of private competition which threatens to disrupt an efficient service
- \* Monitoring changes in GP primary care services Securing the muchvalued Community Toilet Service

These were all on our agenda in the last year and will be for some time to come.There will be new battles, principally among them to make sure that the structural changes in the NHS do not lead to deteriorating services. And we'll need to be increasingly vigilant in monitoring our primary care surgeries and the three local hospitals to see that the promises of no cuts to front line services are fulfilled.

Nothing has really changed from last year when we said that we are moving into unknown territory with a group of GPs being given pathfinder status to run all local health services from April 2013.The personnel changes which we are about to experience at every level of the NHS will, we fear, make it extremely difficult to achieve results in areas of concern to the Forum.

There are promises galore of consultation with patients before

decisions are taken, but so far we have seen little practical evidence. Even the local GP Clinical Commissioning Group has had no say on the hearing aids and out-of- hours GP services being opened up to private for profit competition.

The overwhelming opposition to the Health and Social Care Bill by all the medical bodies who have condemned it as a disaster for the NHS and public services has been overtaken by Parliament and it became law on March 27 2012. Although we continue to have strong reservations about the changes, we feel it to be in the best interest of our members if we remain ready to be consulted, particularly as there will be a greater public health role for the local authority. As the largest voluntary organisation in the borough, we intend to have our say on the future of the NHS.



### **Lifelong Learning**

The first After School Hours Learning Project for Older People in Enfield - and possibly in London - organised by Forum member John Lombard at Enfield County School - had a very successful year. The Forum has use of the school's facilities from 4.30 - 7.30pm for woodworking and handicrafts on a Tuesday evening each week. The classes are full to capacity and members have made a variety of items -even repairs to home furniture. The project was supported by a grant from Enfield council and we have applied for a further grant to enable the class to continue.

Many of the students tell us they have never done anything like this before.

They find it exciting and rejuvenating and an excellent challenge for the brain cells. The students are anxious that we try and keep the course going and are even contemplating having an exhibition - possibly at the Town Show - of their work.

While applauding John Lombard<sup>1</sup>s initiative in creating this breakthrough, we continue to miss and regret the loss of lifelong learning opportunities

at our local colleges following the withdrawal of concession fees to older people who are not benefit claimants. The Forum does, however, seek opportunities to run computer training courses as well as holding educational meetings in various parts of the borough.



Forum woodworking class in action

#### **Poetry Group Report**

With the excellent co-operation of the staff, the Poetry Group continues to meet at the Town Library on a Thursday morning once a month. As a result of the poor acoustics in the Community Room attendance was lower than usual during the first half of this year, but at the November meeting, as a result of the improved air-conditioning, some 29 people were present, and since then an average of 23 members has attended the meetings. In December a large number gathered to socialize (and not just to read poetry) at a Christmas Lunch at the Jolly Farmers Public House.

At each meeting every one present has the opportunity of reading either their own composition or a chosen verse on a particular theme, on which a member or members will be leading, making use of music to complement the poetry.

Details of forthcoming meetings are published in the Forum Newsletter and anyone who turns up will be made most welcome, as every effort is made to inculcate a family atmosphere.

The poetry group coordinated by David Oliver

#### **Book Club**

Our book club meets monthly in the morning at Enfield library and covers a huge variety of fiction, both modern and classic We have a membership of about 20 with regular attendance of around a dozen. Members suggest books which are read by all and discussed in very lively and informative sessions. We have been going nearly 2 years. We feel we are really established now.

The book club was successfully inaugurated by Sue Scott.

#### **Angling Club**

This is a new venture with both male and female members. We have had one test fishing session and 3 meetings to discuss strategy, equipment, requirements, etc. It is early days yet, but come the summer, we should get going in earnest. We do not intend to fish in the cold weather, but individual members do meet and fish together.

#### Volunteering



Forum members receiving their 100 hours voluteers certificates at the Civic Centre



Volunteer 'stuffers' getting the Forum's newletters ready for posting

#### **Enfield Over 50s Social Committee**

#### **Public Transport**

t the time of writing this report we Ahave our fingers crossed that one of our public transport issues - getting a bus to take people from Enfield into the grounds of Barnet Hospital will commence as planned on June 2. Since we have been arguing for this simple facility for the best part of eight years, we1ll only claim success when the service actually commences. Transport for London (TfL) finally conceded the need for such a service and have started to rebuild the turnaround area for buses in the hospital, which will save people - particularly elderly and infirm patients having to walk from the main road to the hospital entrance.

So far we have been less successful in getting the 318 from Stamford Hill to North Middlesex Hospital extended to the Winchmore Hill area. Despite our GLA member, Joanne McCartney, successfully arranging for Forum president Monty Meth and vice-Chair Peter Smith to have a face-to-face meeting with Leon Daniels, TfLs director of surface transport, the answer was still that the extended service would lose money and TfL was having its grant from government cut.We are however pressing on and have supported a move to get the 377 bus route to call in to Chase Farm Hospital which would be a big help to patients from the Oakwood and Bush Hill Park area who, in many cases, have to take two buses to get to a hospital less than three miles away.

Looking back over the past year, your social committee has organised some 49 different events and the variety has been fantastic. One of our big successes and achievements was organising two events for frail, elderly and vulnerable people living alone which were particularly appreciated. The first was a lunch with entertainment by a member of the Magic Circle and the second was a lunch and a sing-along with songs from the 40s and 50s. The number of visits abroard has increased and so has its variety. Some of the old favourites like the Music Hall continue to please. The ever popular Christmas socials, one at lunch time and one in the evening so that all members are catered for.

We say on our committee that every member has to organise events and every one does just that and more. Looking ahead we are going further afield and events just have such variety. We still have and will continue to have our "Freedom Pass Days", these events still seem to please many members. I want to say a big "Thank You" to each and every member of this committee, they always give of their best and I have been very proud to have been part of this committee.

Roddy Beare.

#### Finance

he state of our finances continues to remain healthy thanks meticulous to the stewardship of our treasurer. Champak Mistry. This and the grant we have just been awarded from Enfield Council's capacity building fund means that we can plan for the future with confidence. Subscriptions, grants and donations income for the year were slightly down on last year: but this was due to our lateness in returning a monitoring form to Comic Relief so that a £7.5K payment will appear in next year's accounts. Besides the grant from Comic Relief other support was gratefully received from Stennett & Stennett, the London Borough of Enfield, the Department of Work & Pensions under its Grassroots 60 Plus scheme, AgeUK and Unity Trust. Overall our accounts for the year show a loss of £5.6K but this

will be covered when the £7.5K Comic Relief Grant is received.

Staff salaries are the most significant cost of running the office while the cost of printing and distributing the newsletter now almost £20K. The shock rise in second-class stamp charges to 50p means that for the future postage cost will increase by a staggering £3.5K. Our print run is currently 8600. Our expanding membership has necessitated us increasing staff's weekly hours to support the wide range of activities the Forum nor organises. As shown in the notes to the Financial Statements in Appendix II, trips and events made a small surplus of £2.6K, which helps to cover general running costs. Total trips and events receipts compared with last year more than doubled to £50.6K reflecting the excellent

programme the social committee arranges.

Our submission for Gift Aid to Inland Revenue has at last been approved and we received  $\pounds 1.6$ K. Our submissions for the years 2008/2009, 2009/10 and 2010/11 are about to be submitted and should result in an income of  $\pounds 5$ K -  $\pounds 6$ K.

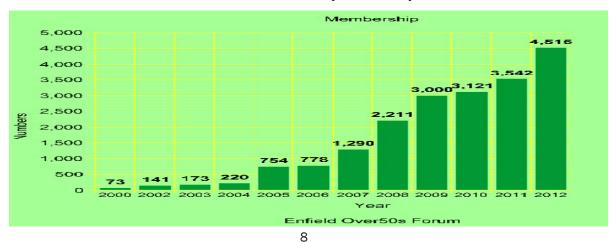
Members will recollect that at the April 2010 AGM it was agreed that subscriptions would be increased for the financial year to £7 for individual members and £10.50 couples. Many members for renewed in advance of the year end and we thank them for doing this as it reduces that burden on our office staff, our Membership Secretary, Joyce Pullen, and David Campbell who banks all the monies for subscriptions.

#### Partnership

**O**ur members continue to play an active role in representing the Forum on numerous committees in working with the Council, Police, Pensions Service, National Health Service and other statutory bodies. Forum members Monty Meth, Irene Richards, Peter Smith, Vivien Giladi, Yusuf Gulamhusein, Des Hegarty, Vincent Konyeaso, Champak Mistry, David Oliver, Joyce Pullen, Adeyinke Popoola and Tony Watts represent the Forum on a variety of committees in support of the older community in the borough. The benefits to the local community of our input is revealed in the campaigning activities outlined earlier. Again older people provide a great deal of volunteer support and this is recognised by the 100 hours certificates many of our members received this year from the local authority.

#### Membership

Year on Year the Forum continues to grow and this year has been no exception. At the year end we had 4,515 paid up members with only 1,499 still to renew for the coming year. The total number of Life members is now 86. The number of Affiliate Organisations stands at 66. As noted earlier the number of Gift Aid signatories is steadily growing and now provides a very useful annual income. Your support makes our Forum one of the best in the country so thank you all.



#### The Forum in Europe

The end of this year saw the culmination of the two-year research study to compare and contrast older people's support and services in Enfield and the three towns with which it is twinned - Gladbeck, Courbevoie and Hallandri. During September 2011 we held a major conference at the Strasbourg MISHA University and the Strasbourg European Parliament with presentations from each twinned town. Delegates at the conference had meetings with Members of the European Parliament InterAgeing Group which included UK MEP's Claude Moraes and Jean Lambert and the Hungarian chair of the group, Kinga Gonz. This meeting was particularly valuable in allowing conference attendees the opportunity to put to the MEPs issues which are of particular importance to older people from our twin towns.

The culmination of the study was a 3 day conference held in Enfield in March 2012 at which many Forum members attended in addition to the Forum steering and the international delegates from their respective countries. The conference was opened by Leader of the Council, Doug Taylor and supported by the Mayor Christiana During, other Councillors plus a number of senior Council officers. Support from the Council has been exemplary throughout the project particularly from officers, Eleanor Hunter and Felicity Cox. On the final day of the conference director of social services, Ray James gave an excellent insight to the international delegates of the strides the Council is making and improving service and support for older people in the borough.



Sessions at the Forum's EU project conference at the Dugdale Centre March 2012

### **Our Strategy**

Our strategy continues to be one of working within the wider community for the public benefit of older people in the borough and to improve their quality of life and the Forum's effectiveness in doing this is demonstrated thoughout this report. During the year the committee and has been reviewing the structure of the committee, subcommittees and the workload of the executive members to ensure its fitness for purpose in the coming years and the additional demands of its increasing membership. To this end the Forum has been fortunate in being awarded a grant of almost £39K, spread over three years, under Enfield's capacity building fund.

#### This will allow us to:

- Strengthen our committees and extend the opening hours at Millfield House
- Continue the progress made in recruiting affiliate organisations and working with them
- Increase membership among our diverse communities
- Get more members involved in running the Forum
- Strengthening our partnership working with all statutory and other bodies where it is vital for us

to be involved

- Keep lifelong learning high on the agenda
- Focus more on involving and engaging with hard to reach older people across the borough

#### The Forum's objectives are to:

- Make life better for older people in Enfield
- Ensure we are consulted in all decisions involving older people
- Provide information on matters vital to older people
- Review our engagement with members and ensure we continue to have informative and interesting speakers at out monthly meetings
- Organise events and opportunities for members to socialise
- Campaign and influence national and local government and other statutory bodies on matters affecting older people
- Work in partnership with local, regional and national organisations in support of the above objectives.

## **APPENDIX I**

			_	
Eakum	Affilia		rdani	sations
FUIUIII	Allia	leu v	ECHI	FRUUIS

Abraham Lewin Unity Lodge	Ladies Friendly Group		
Age Concern Enfield	Little Park Luncheon Club		
Ajex	Local Tennis Leagues		
Armfield Pensioners Club	Meet a Need with Christian Care		
Arnos Grove Townswomens Guild	Naree Shakti (Asian Womens Strength)		
Arthritis Care-Edmonton	Nightingale Community Hospice Trust		
BHP Bowls, Tennis and Social Club	North London & South Herts Ramblers		
Bramley Ladies Bowling Club	Oakwood Horticultural Society		
Bury Lodge Bowls Club	Operation Fish		
Cedars Court Community Residents Group	Over 50 Bangladeshi Society		
<b>Church Street Residents Association</b>	Polish Community in Enfield		
Club Terza ETA	Probus Club of Enfield		
Cockfosters Bowling Club	Ruth Winston House		
Cockfosters Probus Club	Salvation Army		
<b>Community &amp; Environment Project Office</b>	SilverThreads Senior Citizens Group		
Community Aid	Southgate & Enfield Friendship Centre		
Cypriot Elderly & Handicapped Group Enf	Southgate Bowling Club		
Deep	Southgate Oakwood Townswomen's Guild		
Edmonton Camera Club	Southgate Opera Group		
Ellenborough Table Tennis Club	Southgate Symphony Orchestra		
Elsinge Monday Club	Southgate Weld Lawn Tennis Club		
Enfield & Southgate Workers Educational As-	St Johns Art Group		
SOC.	St Thomas (Oakwood) Golden Link Club		
Enfield Asian Welfare Association			
	Stroke Action Social Club		
Enfield Breathe Easy	Stroke Action Social Club		
Enfield Caribbean Association	Tamil Relief Centre		
Enfield Caribbean Association Enfield Diabetes Support Group	Tamil Relief Centre The Enfield Art Circle		
Enfield Caribbean Association Enfield Diabetes Support Group Enfield Light Operatic & Dramatic Soc	Tamil Relief Centre The Enfield Art Circle The Ladies Thursday Club		
Enfield Caribbean Association Enfield Diabetes Support Group Enfield Light Operatic & Dramatic Soc Enfield National Trust Association	Tamil Relief Centre The Enfield Art Circle The Ladies Thursday Club The Royal Air Forces Association (Enfield)		
Enfield Caribbean Association Enfield Diabetes Support Group Enfield Light Operatic & Dramatic Soc Enfield National Trust Association Enfield Unison Retired Members Assoc	Tamil Relief Centre The Enfield Art Circle The Ladies Thursday Club The Royal Air Forces Association (Enfield) Winchmore Bowls Club		
Enfield Caribbean Association Enfield Diabetes Support Group Enfield Light Operatic & Dramatic Soc Enfield National Trust Association Enfield Unison Retired Members Assoc Enfield Writers Workshop	Tamil Relief Centre The Enfield Art Circle The Ladies Thursday Club The Royal Air Forces Association (Enfield) Winchmore Bowls Club Winchmore Hill Community Care		
Enfield Caribbean Association Enfield Diabetes Support Group Enfield Light Operatic & Dramatic Soc Enfield National Trust Association Enfield Unison Retired Members Assoc Enfield Writers Workshop First Tuesday Ladies Group	Tamil Relief Centre The Enfield Art Circle The Ladies Thursday Club The Royal Air Forces Association (Enfield) Winchmore Bowls Club Winchmore Hill Community Care Winchmore Hill Folk Dance Club		
Enfield Caribbean Association Enfield Diabetes Support Group Enfield Light Operatic & Dramatic Soc Enfield National Trust Association Enfield Unison Retired Members Assoc Enfield Writers Workshop First Tuesday Ladies Group Holtwhites Bowls Club	Tamil Relief Centre The Enfield Art Circle The Ladies Thursday Club The Royal Air Forces Association (Enfield) Winchmore Bowls Club Winchmore Hill Community Care Winchmore Hill Folk Dance Club		
Enfield Caribbean Association Enfield Diabetes Support Group Enfield Light Operatic & Dramatic Soc Enfield National Trust Association Enfield Unison Retired Members Assoc Enfield Writers Workshop First Tuesday Ladies Group	Tamil Relief Centre The Enfield Art Circle The Ladies Thursday Club The Royal Air Forces Association (Enfield) Winchmore Bowls Club Winchmore Hill Community Care Winchmore Hill Folk Dance Club		

Indian 50 Plus Assoc - Enfield

## **APPENDIX II**

#### Receipts and Payments Account for the year ended 31st March 2012

		RECEIPTS	
		2011/12	2010/11.
	Note	£	£
Subscriptions	1	23,457	24,669
	2	22,886	26,671
Grants and donations	2		
Poetry lines	-	172	164
Gift Aid Tax refund	8	1,696	0
Bank interest		266	0
	£	48,477	51,504
PAYMEN	ITS		
Staff salaries and NIC		26,058	22,370
Printing		8,415	6,464
Postage and delivery	6	11,410	7,802
Stationery		2,250	879
Telephone		373	420
Office equipments		316	500
Office rent and hall hire		4,872	3,243
Miscelleneous expenses		1,020	1,061
Donations		792	38
Poetry Lines		0	12
Public Events	7	3,724	1,841
		59,230	44,630
Surplus on ordinary charitab	le acti <sup>.</sup>	-10,753	6,874
Activities for members:			
Net receipts from Events	5	5,253	1,375
Net receipts from trips	5	-176	851
Total net receipts for the yea	r	-5,676	9,100
Cash funds 1st April 2011		54,676	45,576
Cash Funds 31st March 2012	£	49,000	54,676
STATEMENT OF ASSETS AT	3197	MARCH 2	012
Bank Balances - Barclays		3,355	
Bank of Scotland		3,333 0	14,829
CAF		45,595	. 1,525
Petty Cash		40,000 50	40
	£	49,000	54,676

#### Notes to the Accounts

- Subscriptions Includes significant amounts received for 2012/13 and from life members.
- 2 Grants and donations major donors and contributors Comic Relief London Borough of Enfield Unity Trust Age UK Stennett & Stennett Comic Relief Grant of £7,500 for 6 months to 31.3.2012 was received after the year end on 4th April 2012.
- 3 Events completed during the year showed a surplus of £2,680.05
- 4 Trips completed during the year showed a deficit of £275.62 after volunteers expenses of £979.52.

5 Gross	ReceiptsP	ReceiptsPaymments	
Events Trips	4,597 46,018	4,773 40,765	-176 5,253
	50,615	45,538	5,077

- 6 There was a stock of stamps of £9,000 at 31st March 2012 for use during 2012/13.
- 7 The Forum organised the following events for public benefit: Falls Awareness Day Healthy Lifestyles Woodwork Ckasses Elders Day
- 8 Gift Aid claims has now been agreed with the Revenue for the period to 31st March 2009 of £1696. Claims for the years ended 31st March 2010, 2011 and 2012 have not yet been submitted.

This statement of Receipts and Payments and Notes to the accounts for the year ended 31st march 2012 was prepared by:

Champak Mistry, FCCA. 7th April 2012.

This statement of Receipts and Payments and Notes to the accounts for the year ended 31st march 2012 was Independently Examined by:

Jeff Rodin Independent Examiner ...... April 2012



#### Dear Forum Members

I have been appointed Auditor of the forum's accounts for the year ended 31 March 2012. I have carefully examined the financial records produced to me and am satisfied that the Accounts prepared for the Forum by it's Treasurer Mr. Champak Mistry FCCA represent a true and fair summary of the financial transactions conducted by or on behalf of the Forum during the year ended 31/03/2012, and of the Forum's financial standing as at that date.

Yours sincerely Jeff Rodin Independent Examiner



#### The Newsletter of Enfield Borough Over 50s Forum

"The Forum publishes its 12 page newsletter 6 times a year and distributes 8000 copies of each issue. Over 3000 copies are posted to members and the balance is distributed to affiliate organisations supporting older people, libraries and GP surgeries and some supermarkets. It is Enfield's key publication for communicating with the over 50s."



Forum's EU Project - International delegates at Strasbourg's European Parliament in September 2011

"Don't talk about us, Without us"

Enfield Borough Over 50s Forum, Millfield House, Silver Street, Edmonton, N18 1PJ

### Tel: 020 8807 2076

Registered Charity 1122859

info@enfieldover50sforum.org.uk

Design and layout Ruskin John-Phillips